



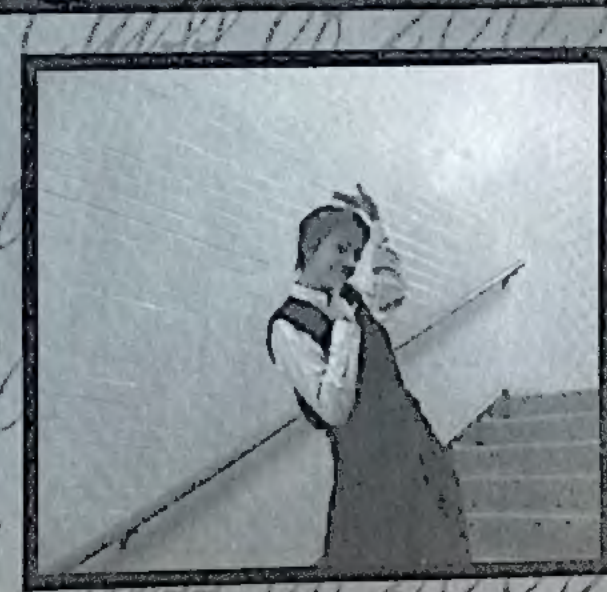
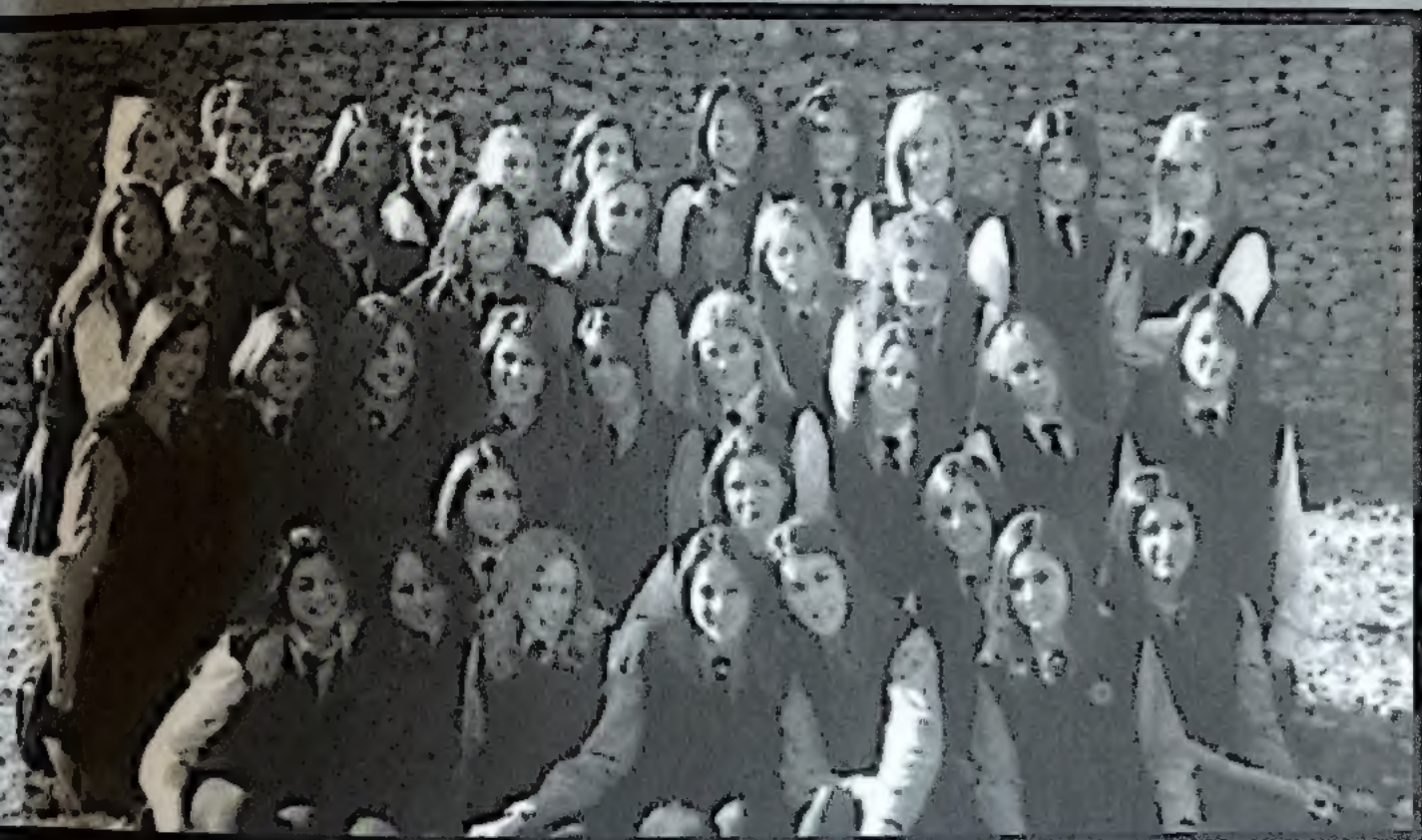
MEMORIES FROM THE HEART

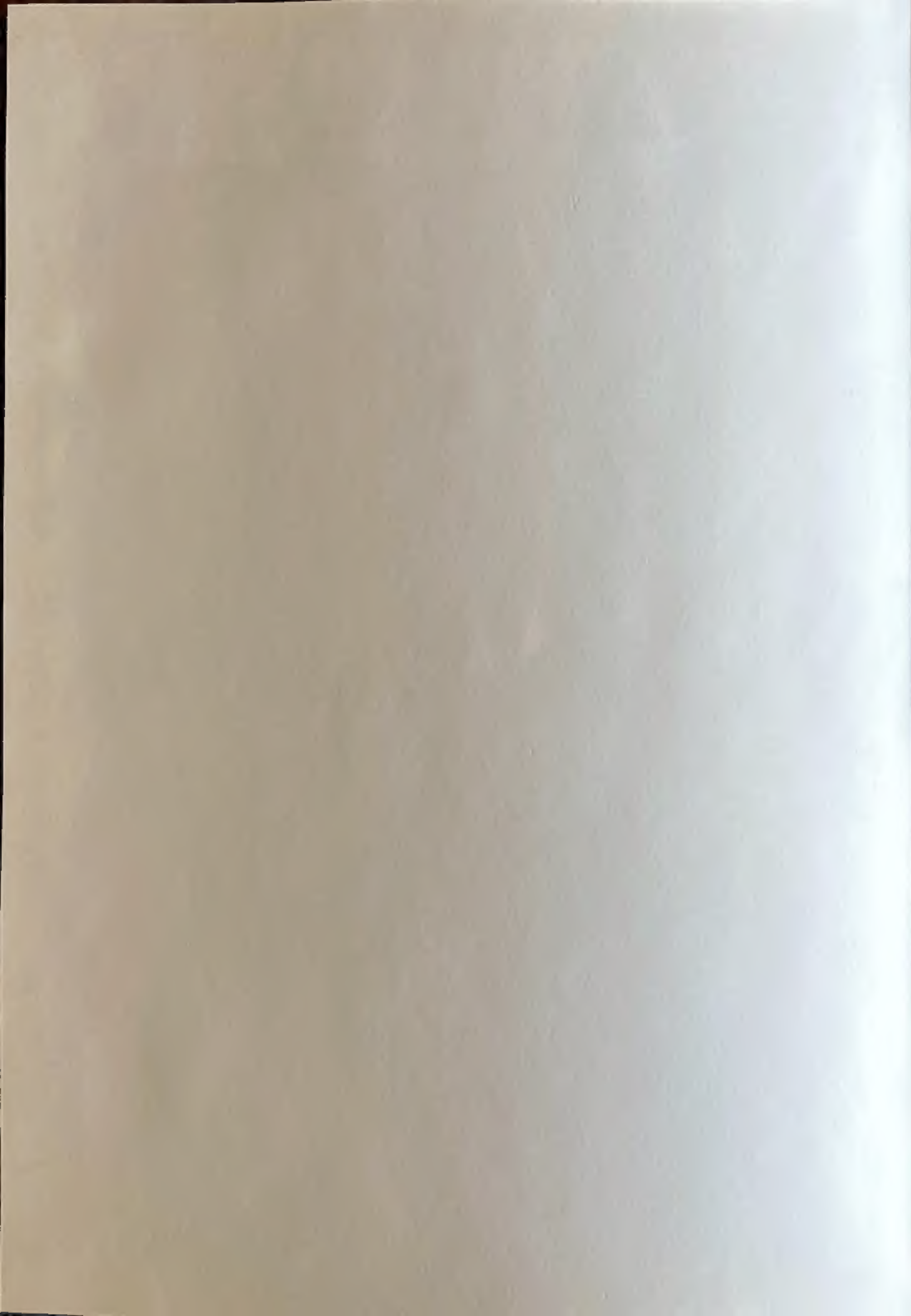
*Office of Advancement
& Alumnae Affairs*

CLASS OF 2000 CLASS OF 2000 CLASS OF 2000



CLASS OF 2000 CLASS OF 2000 CLASS OF 2000





The Sacred Heart School of Montreal



3635 Atwater Avenue
Montreal, Quebec
H3H 1Y4



<-- We begin our
journey through these
doors...

And through these
doors, our journey
ends.



Sacred Heart School of Montreal 1

Headmistress' Address



Congratulations Class of 2005!

I would like to think that the certificate you received at graduation is a symbol of everything you have learned during your years at Sacred Heart. Whatever plans you have, or will make, I am confident that your studies have given you the skills to do well in the future. You are about to begin the next stage of your journey, and I know that you are ready to move forward. I say that with confidence because we see many of our graduates who have been extremely successful.

Being a Sacred Heart alumna comes with certain obligations: an obligation to do your very best; whatever you choose to do, to give something back to society, and to always try to improve the world in which you live. Your Sacred Heart education is a way of life which calls you to change and grow in "wisdom, age and grace." As you face life's challenges analyze, reason, and make decisions based on sound considerations. Deal realistically with your gifts and limitations, and develop your unique potential. Remember that you have made lasting friendships at Sacred Heart and wherever you go or whatever you do, those bonds will always be there.

In the words of the late Pope John Paul II, "Do not be afraid!"
May God bless you all.

Elaine Brooks
Headmistress



Dear Graduates of 2005,

In *The Prophet*, Kahlil Gibran gives eloquent expression to the cliché that the young are the hope of the future:

Your children are not your children.

They are the sons and daughters of Life's longing for itself

....

*You may give them your love but not your thoughts,
For they have their own thoughts.*

.....

*You may strive to be like them, but seek not to make them like you.
For life goes not backward nor tarries with yesterday.*

Remember that thought without knowledge, and knowledge without thought, are of little value. Choose your path with care, and pursue it with love and integrity.

Jean Filipovich, Assistant Headmistress



The Sacred Heart School of Montreal has been a part of your life for the last five years. Your Memory Book is a snapshot of your graduating year; enjoy the photographs and comments, and cherish the memories. Each lesson that you learned here will help you in the future and I have no doubt that

you will succeed as you move forward with your lives. Best wishes to each member of the Class of 2005!

Peter Kousik, Director of Studies



To the Graduates of 2005

Your diligence and hard work has paid off and from henceforth you will be proud members of the "class of 2005." This book will provide some lasting memories of your final year at Sacred Heart,

where you were surrounded by good friends and a caring faculty. Be happy as you go forward to tackle future endeavours and remain proud of your educational roots. Good luck and God bless.

Abd Salman, Business Administrator



To the Class of 2005

As promised, an excerpt from *Hope for the Flowers*, ".....butterflies alone. You'll be a beautiful butterfly—we're all waiting for you." Good Luck to all of you as you search for the "MORE" of life in a world of Peace and Justice.

With Love,

Rosanne Del Torto, Director of Students



It is often said that the two greatest gifts one can give to children are roots and wings. The foundation and grounding you acquired through your Sacred Heart education will no doubt serve you well as you venture out into the world, take flight,

and embrace new freedoms. And though your experiences may take you far afield, always "remember from whence you came." As you grow older, I hope that fondness for Sacred Heart and the City House will become treasured memories.

Colleen Bronson, Director of Advancement and Alumnae Affairs

THE FACULTY 2004-2005



Ms. Antonini



Ms. Arella



Ms. Armstrong



Mme. Arnaud



Ms. Arsenault



Mr. Bahou



Mrs. Barnett



Mme. Belfort



Mr. Bordonaro



Ms. Bosmediano



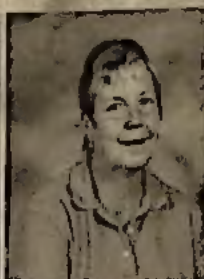
Mr. Boyer



Ms. Buzano



Ms. Carbone-McNally



Ms. Cumming



Mme. de Sainte Marie



Ms. Di Palma



Mr. Draicchio



Mme. D'Amico



Mr. Filipe



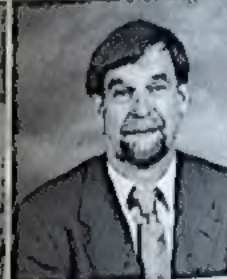
Mr. Filipe



Mr. Fillion



Ms. Fougere



Mr. Francis



Ms. Gaudreau



Mr. Griffin



Mr. Guilbault



Mr. Hammett



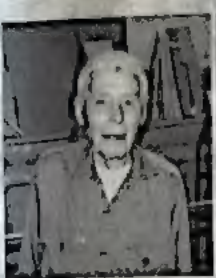
Ms. Ingleton



Mr. Judson



Ms. Lakatos



Mr. Lamouche



Mr. Laperle



Mme. Laquerre



Ms. Lessey



Ms. MacCallum



Ms. Maclellan



Ms. Mastro



Mme. Morrisseau



Ms. Neeff



Ms. Nish



Mr. Page



Ms. Pagette



Ms. Pennell



Ms. Potter



Ms. Seeger



Mr. Snapkauskas



Mme. Talbot



Mme. Tchernigovskaia



Ms. Troi



Ms. Vaupshas



Ms. Walsh



Kitchen Staff

Teachers Gone Wild



Here is Mr. Bordonaro (left). We actually got a picture of him wearing PINK! He did teach us to never say never!

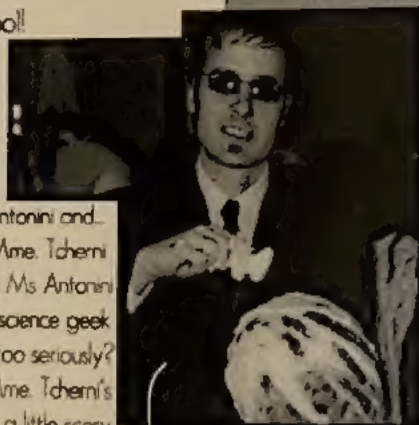
Ms McNally (right), as a guidance counselor, it's important to "connect with the students," but not from another school!



Mr Griffin (top) is also sporting this pink t-shirt... and also trying to launch a rap career, but you make a better teacher! Mr Pogé (bottom), trying out a new move for the Ice-Capades' auditions! We know you like to sing and dance during class- now we know why.



Ms Antonini and... yes- Mme. Tchermi (left). Is Ms Antonini taking science geek a little too seriously? And Mme. Tchermi's mask is a little scary if you ask us...



Mr Fillion... (top) is shaving a balloon! enough said... :)
←The 3 witches have arrived! (from left) Mme. Belfort, Mme. Morrisseau and Mme. Laquerre are ready to "bewitch" us! Watch out!



MELISSA
& DAN THANH:

Editing School Drop Outs?



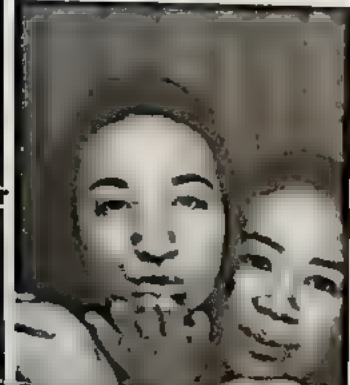
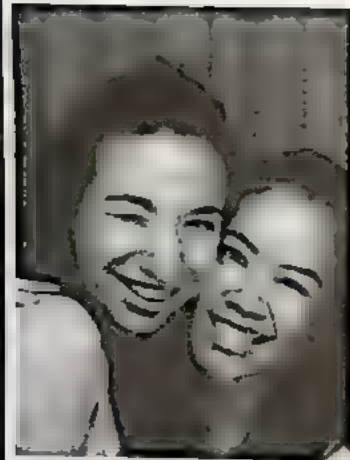
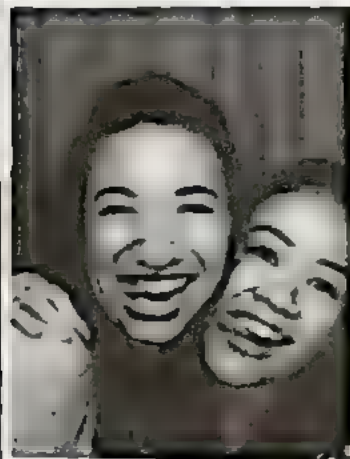
Picture Perfect



Through all the disagreements and fights, we have finally finished a whole yearbook without any hair pulling. In all, it was an experience to remember...



Or future pros?



CANADA

Hey girls,

Hope you enjoy the yearbook
(the fruit of our HARD work!!)
As you flip through the pages
of our "Teen Vogue" inspired
magazine, we hope it will
bring back fond memories
of your year and maybe even
make you laugh!

Melissa & Dan

The Editors

PS: We love you and
we'll miss you!



DEE

3635 Atwater
Montreal, Quebec
H3H 1Y4 Canada



Our
Advisor

"Good times!" "Just a tad..." "How lovely!" - Miss Lessey

DOUBLE TROUBLE

An Insider in the Prefect Room



Stephanie Panetta
Teresa Chumienti



Vanessa Caruso
Natasha Egiziano



Tania Pellizzari
Ashley Arnold



Archie Chopra
Caroline Donahue



Marisa Hattem
Sarah McCulloch



Vanessa Pendenza
Sophie Predan-Chauvin



Natasha Lo Basso

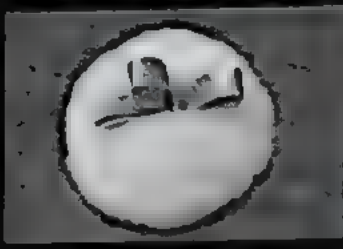
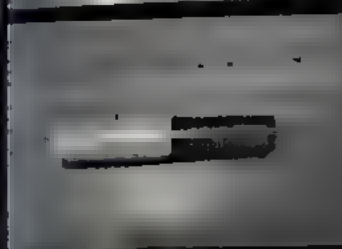


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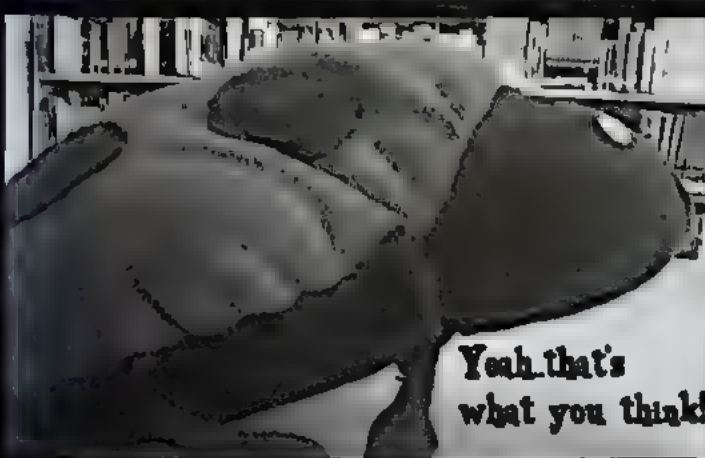




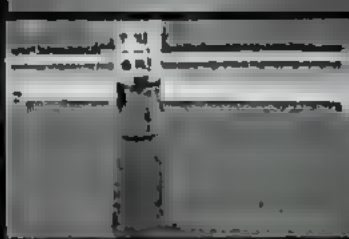
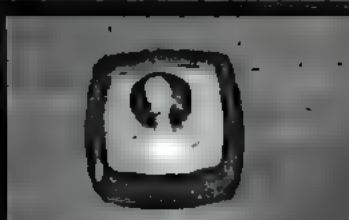
Beauty is only skin deep



Houses



Yeah that's
what you think!



BIARAT



Co-Captains:
Yasmin Moinuddin
Janet Belliveau
GAA Representatives:
Isabella Matteo
Andrea Latella-Duboyce
Lara Artinian

Mascot: Morty the Bear

House Colour: White

House Head: Vanessa Pendenza



DIGB



Mascot: Leo the Lion
House Colors: Pink & Grey
House Head: Ashley Arnold

Co-Captains:
Tina / Fre
Sandi: Good
GAA Representative:
Stephanie Vokor
Stephanie R
Tina Fre

DUCHESNE



Co-Captains:

Romina Perrotti

Catherine Farrell

G.A.A. Representatives:

Melissa Desmarais

Marie McCulloch

Ruven Ferdinand-Peterkin

Mascot: Rose the Ladybug

House Colour: Red

House Head: Sara McCulloch



duROUSIER



Mascot: Honey the Bee

House Colour: Yellow

House Head: Marisa Hattem

Co-Captains:

Claudia Spina

Caroline Rudolph-Zbarsky

G.A.A. Representative

Cynthia Mancinelli



HARDEY



Mascot: Henrietta the Monkey
House Colour: Orange

Co-Captains:
 Vanessa Velkoff-Woo
 Emily Chao
 G.A.A. Representatives:
 Madelyn Coull
 Stephanie Karzon
 Stephanie Maris

House Head: Arohie Chopra

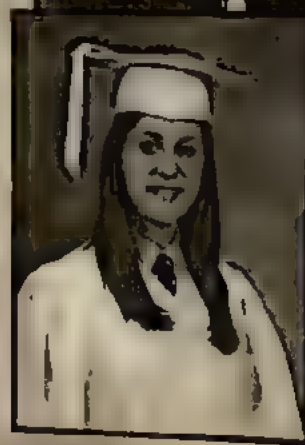


SHELDON



Mascot: Mr. Green Jeans the Turtle
House Colour: Green

House Head: Sophie Predan-Chauvin



Co-Captains:
 Ann
 Robyn
 G.A.A. Representatives:
 Ma
 Sophia
 Melanie /

STUART



Co-Captains:

Jillian Davis-Annett

Charlotte Lamontagne

G.A.A. Representatives:

Bianca Sportella

Kirsten Charron

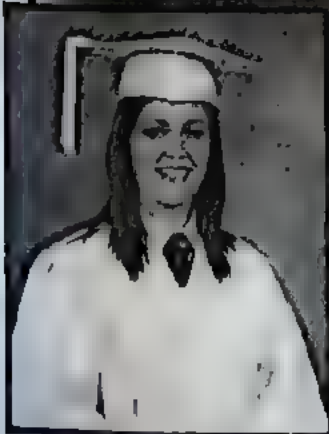
Gillian Kerr

Mascot: Dylan the Dolphin

House Colour: Blue

House Head: Caroline Donahue

TRINCANO



Mascot: Casie the Cow

House Colour: Purple

House Head: Natasha Lo Basso

Co-Captains:

Alyssa Power

Melanie Tutino

G.A.A. Representatives:

Nastasia De Paoli

Francoesca Manno

Elizabeth Stronach



SPORTS DAY AND HOUSE EVENTS

On September 3, students Mount Royal to participate. There were many events: flag football, crab soccer, relay race. At the end of the day, the Athletic Union took home the Athletic Award, followed by Sheldon and won the Sportsman Award. Stuart was the most popular prize for the funkiest. Ms Ingleton and Ms MacCallum split one for the best cheerleader. The afternoon, full of sun, smiles and

and teachers went to the House Olympics, including bean bag, beach volleyball, and the afternoon. The Award, closest to Digby. Duscipship Award, most spirit, been awarded, best hair! MacCallum she leading. All in all, it was laughter.

-Marion





SECONDARY 1

Horoscope!

High school will come and go in the blink of an eye- so enjoy every moment even though some times may be tough. Don't give up because a surprise visit from an unexpected person will brighten your day.

High Vibe Day:

Tuesday

Lucky Numbers:

1, 13, 29

Color of 2006:

Aqua

-The Editors

Sofia Afonso
Alexandra Chlot Auechi
Amanda Arella
Katherine Athanopoulos
Juliana Bone
Alexandra Bony
Lia Bozellino

Erin Brown Vandecruys
Meredith Burke
Amanda Cardillo
Emilie Caron
Sandrine Cassa
Rebecca Cattelner
Alexandra Ceruli-Kanelopoulos

Carmelle Chiera
Garima Chopra

Stéphane Christodouloupoulos
Bianca Cinillo

Jessye Correia
Samantha Côté
Julie Crivellier
Cassandra L'Amico-Mazza
Mélanie Lynn D'Itri
Emily David
Natalie Davis

Alessia De Laun
Angelita Delormue May
Kimberly Dextraz-Bomagnano



CLASS OF

2009



Aleena Di Giorgio
Carina Di Tomaso
Lauren Farmer
Ashley Gabel Farthing
Joanna Fragostefanakos
Emilie Fyfe
Fabiana Gahleb

Larysa Golybniowsky
Kelly Guy
Julie Hannah
Emily Horonowitch
Vanessa Italia
Nadia Kani
Amanda Kheury

Kathryn Kotar
Hava Koulenovitch
Kristina Kwong
Sandra Labbad
Ashley Lanni
Alexandra Levy
Alexandra Lewycky

Virginie Lombardi-Lajoe
Christina Anne MacDougall
Carlin Martin
Elizabeth McDonald
Sabrina Missouri
Paola Morin
Tamara Morrison

Elena Motzova
Chrysten Newton
Gabriela Padvauskas
Jennifer Palermo
Christina Papiucci
Lauren Papalia
Jessica Patricia-Santamaria

Lea Pengelley
Natasha Pereira-Erskine
Amanda Perodou
Ashlan Phillips
Christina Rafie
Tamara Rapantou
Jessica Lauren Sedko

Anna Sarkissian
Pauline Sasouni
Sarah Segal
Nina Tosi
Cassandra Travagliani
Jessica Tutino
Sabrina Velacchino

Zoe Vlogianitis
Menna Walsh
Taylor Wright-Connors
Michelle Zakem
Hanieh Zargham



Secondary 1 Retreat



On September 17th, 2004, we attended our first retreat at L'Ermitage Ste-Croix. When we first got there, we were nervous because we didn't know most of the girls. The atmosphere was very inquisitive for we did not see any of the familiar faces we were accustomed to for the past 7 years. We watched a movie about family entitled "The Air". There we had a wonderful time and made new friends. This retreat was the beginning of new friendships that will prove to serve for many years.

Alessia De Lauri, Monica Burrows
& Hanieh Zaidi



This is where
the memories
begin...



Secondary 2

Horoscope: A great year of fun and excitement awaits you in secondary three. You will no longer be a junior but not yet a senior so don't take things too seriously. Great things will come your way especially in love.

Lucky numbers: 3, 18, 25

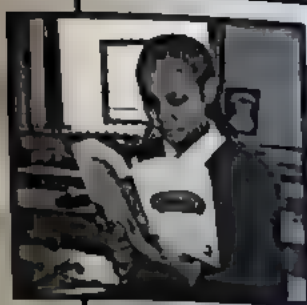
High-vibe day: Thursday

Color of 2006: Fushia Pink



CLASS OF

2008



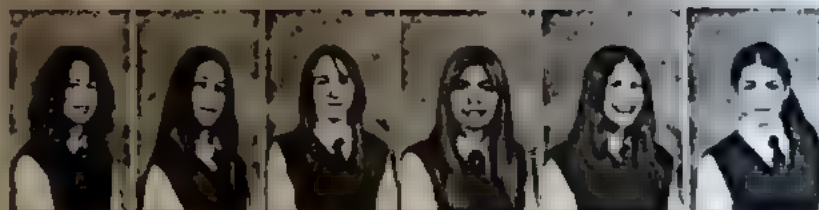
Must read books
this year:

Shopaholic
Gossip Girls
Sisterhood of the
Travelling Pants

Look deep
into our eyes:
"Watch the O.C.,
watch the O.C.,
watch the
O.C..."



Staci Angele
Talisa-Madison Aquino
Blanca Desarte Arciero
Alessandra Arduini
Lisa Asquini
Amanda Azz



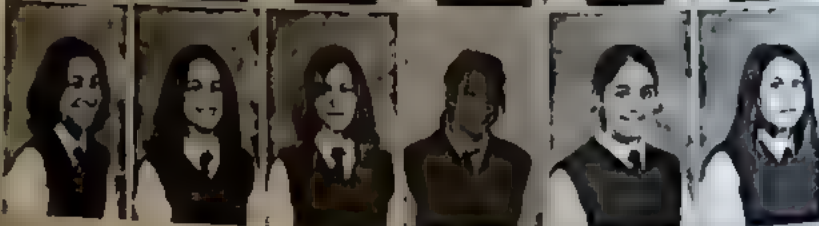
Samantha Beckman
Allyssa Baldoni
Gabrielle Balot
Emily Catherine Belleau
Blanca Bertoni
Jessica Biondi



Kerry Mae Blake-Savery
Chelsea Brownard
Tara Brunzini
Patricia Caccese
Laurinda Caporusso
Lisa Cavalluzzi
Camandra Chase
Vanessa Cheng



Caroline Colozza
Stephanie Courty Aboud
Angela Cristiano
Bianca Cuffaro
Lisa D'Abate
Camandra D'Ambrosio
Brooke Dorr
Enzo Deutschman



Secondary 2



Kayla Di Gaetano
Sofia Di Girolamo
Lynn Dillon
Caitlin Dixon
Olivia Durand
Alexandra English
Emilie Flemming Parker



Shelia-Louise Gaon Carlos
Denise Geradjaoui
Cassandra Giacardi
Emilie-Rose Giuliani
Katrina Goulakos
Chloe Griffin
Amanda Hajaly



Emilia Hannouche
Jessica Hindley
Alexandra Koutoumpannopoulos



Olivia Kuziyk
Rachel Dara Larocque
Darah Levesque



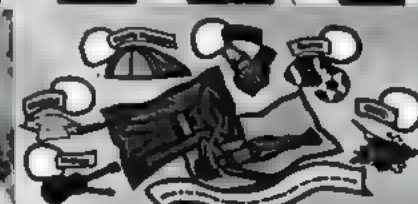
Lizal Lee
Samantha Mastromonaco
Alexandra Michailuk



Chloé Peterson-Beaudoin
Tiffany Piergiovanni
Jenaka Poporini
Karmah Rahman
Katharine Reusch
Marianne Roaldi
Alessandra Ruffolo



Chloé Russo
Lauren Santin
Teresa Sweet
Elizabeth Tomaras
Alexandra Traversari
Alexandra Uva
Alessia Virvelli



Michelle Volaty
Vianva Yu
Bilbina Zakreuska
Gianna Zappitelli





Secondary 2 Retreat



Friends are like
stars- you can't
always see them but
you know they are
there.



Singing and laughing
Ermitage St.-Croix
Children of the Light
Sec. II, the best!
Remember the good times.
Energy that never runs out
Try to forget the bad times
Running around outside
Electric personalities
Always be friends
The hallway like
"The Shinning"

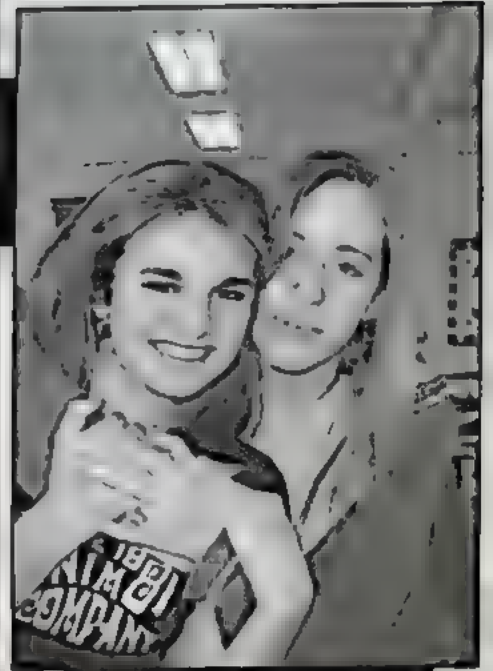
The Sec 2 retreat was
great this year. We had a lot
of fun with Ms. Mastro, Mr.
Hammett and a newcomer
to retreat, Ms. Fougere. We
watched the movie "Heart
and Soul", ate, played
outside, drew pictures of a
world with God and friend-
ship and a world without,
and sang songs. We can't
wait until next year's retreat.

Bianca Bertola & Samantha
Mastormonaco



GIRLS OF THE MOMENT

Talking Fashion



Secondary 3



Class of 2007

Secondary 3



Melanie Al-Ahmad
Gabrielle Alacchi
Alyssa Analystis
Michelle Arsenault
Lara Artinian
Valerie Beaudin
Johanna Bethanas



Catherine Brunelle
Olivia Cameron
Jessica Camero
Kirsten Charbon
Christina Christou
Madelyn Coull
Jessica Covino



Kristin D'Agostino
Giuseppina D'Aversa
Amanda De Rigo
Mikasa De Rigo
Caitlin De Seve
Jessica Deer
Alexandra Deutschman



Les Dukarson
Claire Farrell
Ruvencio Fernandez Peterkin
Tara Freni
Eliot Frym
Alexandra Giuliano
Melania Golybnowsky



Mercedes Griffin
Alana Guy
Elizabeth Hatzisridis
Anana Ho
Vanessa Jaskolski Ronald
Stephanie Karzon
Callian Kerr



Andrea Latella-Dulboyce
Tanva Lo Basso
Sophia Loffreda
Melissa Lombardi
Davina Loponaro
Viviane Lu
Grace MacDonald



Cynthia Mancinelli
Daniela Manno
Francesca Manno
Amanda Marando
Lisa Martin
Tian Martin
Marie McCulloch



Im-Amara Men
Alexandra Moletti
Daniela Moletti
Glenn Nguyen
Mai Nguyen
Cara Orsini
Valentine Ostaszewski





Julia Pancani
Amanda Lee Phillips
Joune Proulx
Serina Proulx
Kristina Rasmussen
Catherine Richer La Flèche
Stephanie Roy
Emily Snell

Chloe St-Cyr
Elizabeth Stronach
M. Ilary Tabak
Sherene Thibault
Rachel Thoutin
Alexandra Trivett
Lauren Amy Vaughan
Kia Watkins-Martin

Carlissa Wong
Monika Zalic



SECONDARY 3

RETREAT



Waiting for our food...



Carissa
and Pina

Stay
hearty
even on
retreat



Friends coming together...

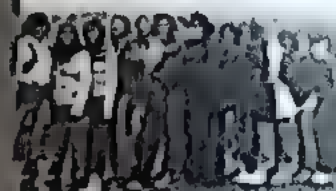


Smiles at lunch time!



Melanie
and Amanda

The
angels
are here
to pro-
tect us
on our
retreat!!



Hugs in front of the
lake...



Taking a break from all the
singing!!



Madelyn

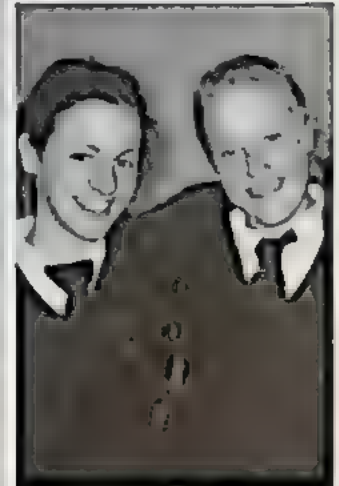
Good
times on
the bus!!

Secondary 4

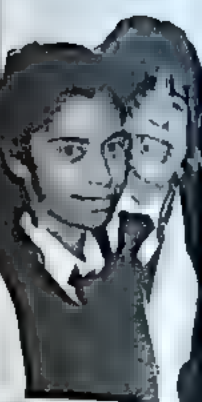
Fashion crimes"

- tucking your shirt in
- Wearing your kilt full length...
- White polo shirts... (you know the blue ones were hotter!)
- Dress uniform...in the summer!

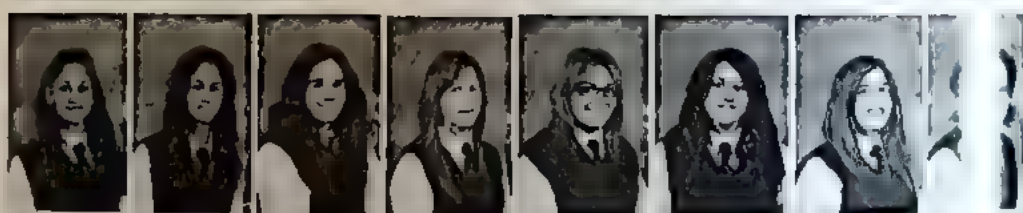
-The Editors



Class of 2006



Alexandra Abrol
Christina Abrol
Vanessa Afonso
Stephanie Alberg
Stephanie Amorim
Micheline Atallah
Tina Athanasoulas
Carlton Baber



Jennifer Barwick
Anne Bellini
Janet Belliveau
Vanessa Berretta
Stefania Bertrand
Erm Brown II
Olivia Burke
Andrea Cavaleri



Sara Cavalluzzi
Emily Chacra
Shavesta Chaitoo
Virginia Clarke
Isabella Covino
Sarah Creiner
Maria Cusma Dovico
Jessica D'Amico



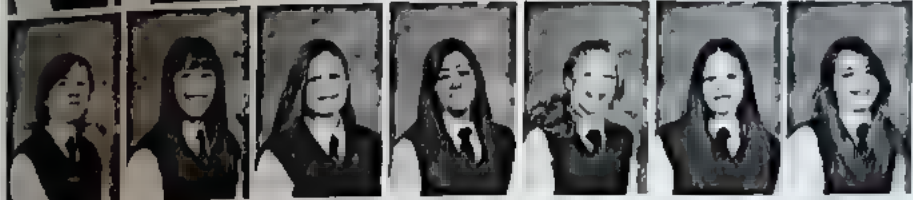
Elsa D'Amario
Christina D'Itri
Jessica De Rosa
Crystal DeSouza
Meghan Denison
Melissa Desmarais
Catherine Farrell
Alexandra Gagnon Rivet



SECONDARY 4



Marion Gule
Linné Gantem
Alexandra Giannakis
Sandra Godin
Rohyn Grassby
Nisha Jaga
Lambri Kakogiannakis



Laura Kavanagh
Stéphanie Khoury
Gabrielle Lafrance
Anastasia Lambinon
Charlotte Lamontagne
Alexandra Lantosh
Isabelle Levesque



Michèle Lewis
Katherine Mandilaras
Stéphanie Maris
Isabela Mattéo
Kelsey Mazzanti
Yasmin Mornuddin
Jennifer Newton



Kyle Newton
Katherine Nicol
Stéphanie Pakis
Kathryn Palmer
Jennifer Panetta
Katerina Parnera
Melissa Parnera



Nicoletta Pantazopoulos
Vanessa Pendergast
Alyssa Power
Samantha Reusch-Desautels
Lisa Marie Ronalds
Caroline Rudolph-Zbarsky
Jennifer Sacco



Alexandra Sampson
Kristin Saru
Nadia Santagata
Nadia Simeone
Patricia Snell
Bianca Sportella
Mélanie Turino



Stéphanie Vickaty
Diana Wilberg
Kayla Yip
Stéphanie Zakem



Ally Ball- How small
can she go?



Sacred Angels
protected us from
the tears after the
movie



Even a nunnery would not
be complete without its own
"gangstas"



Here we are happy
waiting to watch "Life as
a House". Little did we
know many tears would
follow

What? I'm not guilty of
anything I swear!

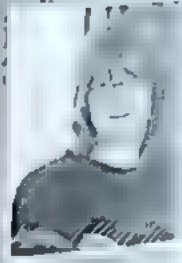


The Secondary Fours united!



Eating lunch with friends

"You're
on candid
camera!"



Secondary 4 Retreat!

Horoscopes:

Secondary 3: You're almost seniors, and you have a lot of work ahead of you. work hard, and you'll be able to accomplish anything! New friendships will be made, so be open to them.

High-Vibe Day: Wednesday

Lucky Numbers: 5, 17, 43

Color of 2006 Orange

Secondary 4: The time has finally come--soon you will be graduating.. It is through laughs, tears, and friends that your memories will be made unforgettable. It is up to you to take in every moment and truly appreciate Sacred Heart for what it is- PRICELESS.

High-Vibe Day: Friday

Luck Numbers: 8, 22, 50

Color of 2006: vibrant yellow



Succeed



Love



ALL STAR



to

be



EXCITED



DREAM

Live

Achieve

Free to BELIEVE

BELIEVE



Dream

Succeed

Will your summer love last?

1- You're walking down the street and see your beau with his friends. He:

- a) Winks at you discreetly and keeps walking.
- b) He gives you a hug and asks you how you've been, and introduces you to his friends.
- c) Asks you if you want to join them to go to the beach.

2- You have a cold and can't go out with him when you had a date. He:

- a) Shrugs it off and says it's no big deal.
- b) He says he hopes you feel better and you end up talking to him for hours on the phone.
- c) He goes over to see you and makes you chicken soup and brings you girly magazines.

3- Your friends think:

- a) He's hot but a player.
- b) He's nice but not compatible with you because he's not that serious about the relationship.
- c) He's a total sweetie and that both of you are perfect for each other.

If you picked mostly a's:

Sorry to say, but you and your "beau" may not be destined to be together. His actions do not point towards total commitment nor having a serious relationship. He is looking more for a summer fling.

If you picked mostly b's:

Your beau is semi-committed. You both get along well and have chemistry, but he may not be completely ready for a serious relationship; depending on what you're looking for. This summer love might last, but it's hard to tell.

If you picked mostly c's:

You're both very in tune with each other and like each other very much. He seems like he's serious about this relationship and might be ready to commit to you. Your summer fling might turn true love.

B

O

Y

S



B

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Y

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B

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Y

S



4- When you ask him why he likes you, he says:

- a) "Because you're pretty and popular."
- b) "Because you're cool to be around, and we have good chemistry."
- c) "Because you're nice, beautiful, and I can really see us being together."

5- He lives:

- a) In Florida (since you met him on vacation)
- b) A few hours drive away.
- c) In your city.

6- When you ask him if you're going together when the summer ends:

- a) "You can never tell - school's so busy"
- b) "I hope so- I really enjoyed spending you, but things can change."
- c) "Of course! You're the best thing that's happened to me this summer!"

Of course, boys will always be boys...



STARS OF 2003



Katelyn Abbey

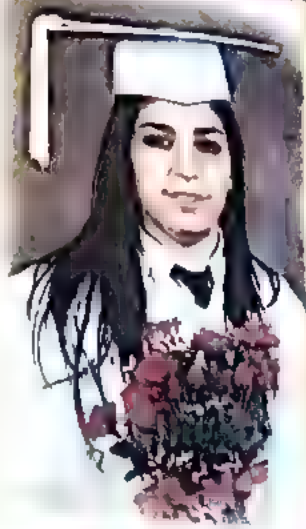


"Another turning point a fork stuck in the road, time grabs you by the hand, directs you where to go..."MM,MP,TP, CD,Jack,Cap,Dad&Julie: thanks. "It's something unpredictable, but in the end it's right, I hope you've had the time of your life."



Alique Akkelian

A good friend is hard to find, hard to lose and impossible to forget. LD-the memories we share will stay with me forever. AVF you, LIN & I breaking it down-good times! Day..what can I say..ok & to all the rest of my girls (twinkies, KC, JE, CG, CN, NDP, CF) good luck & I hope all your dreams come true.



I will always cherish!! MH good times! SS zest, AD,NE,TL,TPdodgeball, our class, DB, R&P, rabbit, good train times CV and LG. Shoutouts to AD (road trip),LD,MC,AB,SP, CM,TC(stairs),Sabooboo. Mom, Dad & Dust thanks & I love you! Congrats girls!

Anne Michelle Arless



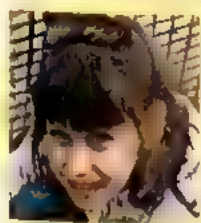
Ashley Arnold



"To thine own true." To all the been great. M for always I love you Chris, keep alive. To the for everything faith alive, and dreaming. L



Robyn Asquini



"I'll be there for you 'cause you're there for me too."-The Remembrands.*Tear* It went so quickly! So many memories MT,DTT,(VW-coco-nuts) azn invasion and me! AA,AC,RS,RS-love you guys. Thanks mom, dad & leelee for all your support! xox



Every new beginning comes from some other beginning's end. MC-Bff, OMG, Sheman, I luv you, 777! TP- mullet, empire records, we're the only normal ones! CM-Your eyes did all the talking! Maman, Papa, Chris, Véro, j'vous aimez! Nos expériences font ce que nous sommes aujourd'hui! Good times. Thank-You! xox



Alexandra



As we go on we'll remember all the times we had together...AF-88 Blue Balloons! Can you paint with all the colours of the wind? AM: T-Lee! LJ- somophagus? Hobby horse- it's like, a thinking cap! Good times! KK-memories. I love you guys.

Skawenniio Barnes



What a change from the past years in Toronto, but I did it! Merci maman & papa I love you! Good memories -05 lunch table great times, AMA R&P, SC+CF my posse, JDA pogs+I'm a cave man ST Pythonga & FL never forget & others-Sacred Heart buddies forever!



Danielle Beard



To my friends, you're the best; it's been a great 5 years! We have so many memories that I could never forget! A big thanks to my mom & family who have always supported everything I do. To the grads, I hope all your dreams for the future come true.



Adrienne Campbell



If the world is so wrong then you can break them all with one song. Oh Mommy, if you could see me now.

Claire Carny



Five years of our lives have been spent together. I've grown to love some and hate some, but we got through it. To my support group CC, AF & ME, I love you all so much wishing you the best.

Rachel Caron



Guys, you know I luv you. Too many memories to count. Ma&Pa, Anto, thanks for always being there! Vale&Laura, there are no words Pre-fects, rebels, icecream, cheri, PIM luv you. Nicole, Bandanna, Nek, energy group, BLOND. It was a blast!



Vanessa Caruso



Melissa Cavaliere



Friends make life a little sweeter. Thanks to AB: moose, laughs & good times, 777, luv you! TP: memories, mullet, enrique, the hair. CM-you get me! NE-movie SP, AMA-we did it! Thanks Mom, Dad & Joey- you helped me along the way! I love you! Remember, life is an experiment...



All the priceless moments: porkey, ice cream, crip4, vicious, my stairs, pop your collar dance, BLOND! Prefects: good times. Ma, Pa, Lee: thanks for always being there! Grads: reach for the stars! Smile, we made it! Grazie a tutti! I'm out ciao xoxo



Teresa Chimient



My SH ladies: I'll forever cherish the sweet memories I take along in my heart VW: owl, G, Janu: Boys! Who needs them? MC&MR: Friends from the beginning till end Ma, Pa&Gims: thanks for the constant support. Muah Grads: Jee Bhar Jiyo (live to the fullest)



Arohie Chopra



Sophie Cowan



"How lucky something saying good. Thanks M Xina for port. Than friends, C MP, MP, IT EL, MH&I live on for you tons &



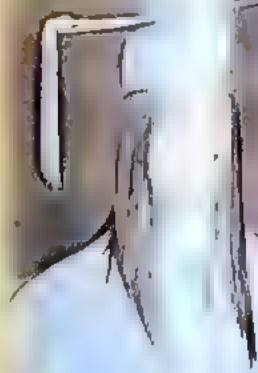
Cassandra Cuffaro



Great friends & memories! Our time together will never be forgotten. Much love: D, LD, AA, DH, CN, TV, JL, A, Alex EB backyard, 3date. Misa&Mel-couldn't have done it without you! Mom, Dad, Marco-you mean the world to me! Only you can go out & make your dreams a reality.



Grads of 05-We did it! SP-D+S, St Andrews EL-Cookie? VB-my sister EM-train buddies MH-downtown AMA-road trip CF, DB, SC, BS you're amazing! Mel-My BFF...Thanks mom and dad for all your love and support-I couldn't have done it without you!



Aman

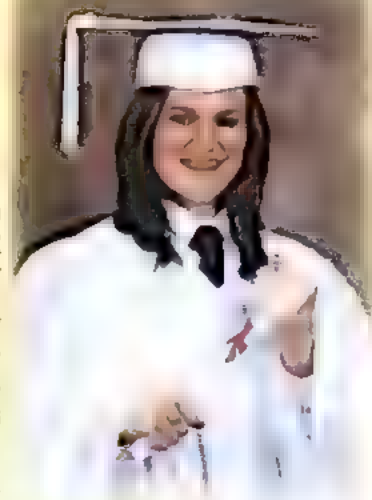
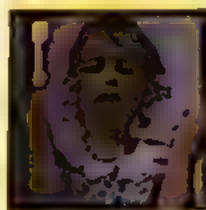
Danika



Lindsay David



3 crazy years. To my family, THANKS a lot! Alik, my 3rd sister: what would I do without you? I can't think of only one memory. Alex the sleepovers EVERY weekend. Day stop eating! 3C forever. DP, AA, SS, MH, KC, AM, AS, CG, JE, TV, ND, KM, MH luv ya and good luck!



Jillian Davis-Annett

Going through life in a canoe. Much luv to: LR snacks, SP Italy, TE, CV hoops, DL, KMC, MM, AF, SC, SS, DB, ND, KM, AB. Special thanks to mom, dad, Gray, Yvonne, xox, Jas on, Jared, Jesse, Jody, Steph. How vain it is to sit down to write when you have not stood up to live. Eddy out!



IMADE IT! Thanks to the 2005 Class, my WHOLE Family, Mags, JLN & PK on me? Forever united DB you're the best EngMuff-Sweet Mary JDA-Awesome LD, AA, CF & AM- no words can explain you guys. WM- all the laughs TM-PishNut & Pythonga. Thanks for being there- love you guys!



Nastasia De Paoli



Caroline Donohue



Dream until your dream comes true. To my friends, for making these five years worth every second, I love you and I wouldn't be me if I hadn't met you. To my family for always being there. Don't forget to breathe; it's a big world out there...



Natasha Egiziano



Guys we made it! Thanks Mom, Dad, Gio, Stef. To my friends, thanks for always being there for me. SP-rain dance, JDA-tripod, roof; VC-phonecalls; SM-randomness, AF-love; monkey-AMA-TILE, SS-makeup; Robbie, MC-movie, TC-call for a reason, CS, SPC, NLB- laughs.



It is hard to believe that five years have already gone by. Mom and Dad, thanks for everything. To all my friends, thanks for all the good times: Stratford, 2b memories, my eye! Bertha! Christa, you're my girl, I love you. Good luck and Ciao!



Josephine Esposito



Meaghan Evans



"Good friends we have,
Oh good friends we
have lost along the way,
In this great future you
can't forget your past,
So dry your tears, I say,
No woman no cry"
-Bob Marley. For lack
of space, to the end of
the beginning. Family,
friends, thanks guys.



Mom,Papa,Pat! xxx- Eli-
l'autre moitié. AM-TB
forever. CC,ME,RC-sup-
port group. SB-88 blue bal-
loons. LJ-footsie. VC&DH-
Energy Trio. TC-mysquare
NE-LOVE. DJR-good
times. JDA,SS,KM [These
are times we'll miss. The
memories, I hope they'll
never fade.]



Anne Fournel



"Truly great FRIENDS
are hard to find, difficult
to leave, and impossible
to forget." You made
the difference in my
life. Family: Thanks for
helping me write the
first chapter of my life
Teachers: Thanks for the
knowledge to tackle the
next chapter.



Tracy Frem



Carly Fridhandler



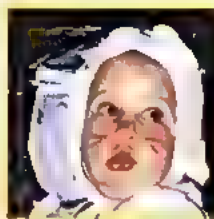
"So hard to do, so easy
to say, sometimes you
just have to walk away"
Mom&Dad thank you
for everything. Word to:
AD, NDP, MH, AA, SS
EM. IIA,IIB,LR-cheers to:
HH,Em-MaBlondie. BRB
SC+DB=posse Bhaap
The Memories Will Last
Forever.



Laura Giaccari



We began a journey 5
years ago and it has now
come to an end.LR-the
laughsK-MAC-the advice
J-DA-beat box MH-the
mints SP&BS-lunch table
CV&DL-you never cease
to amaze me-bff. Family-
mysupportsystem.Grads
of 05 never stop dreaming
& smiling. Good luck!



I'll always remember...
TV,AV,KM,JL,AS,AM,L
DAA,DH,KC,CN,DP,M
H you girls are my mo-
tivation. Anna,Clauds,
Sarah,Larissa, my inspi-
ration. Jos, my second
self. Mom, my partner.
Dad, my determination.
Kat, my strength. Girls
we made it! Good luck
and au revoir.

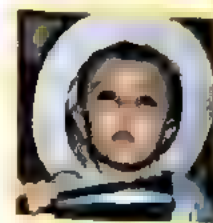


Christa Goulakos



I can't believe it's really over! I'll never forget the memories we shared together; laughter and tears. Thank you to all those people who stood by me along the way: family, friends and teachers, you've been my inspiration. -Live without regrets! Carpe Diem!

Sophia Grigoropoulos



So many memories that I'll never forget. AA-what? okay, LD-slackers!, CN-I see them. Run! Bertha.CG,CC. Stratford. Manicure? Bharp, mom&dad-thanks for putting up with me. I love you. amanda-#1sister-love you. sit&jid-thanks, adrien-love you always.

Dayna Hajaly



To all my girls -we finally made it! Thanks to my family, KC&Mel-wouldn't have done it without you girls! Mattiou, William,VP, Linny,shorty, porkey,mints, poopie, rebels, Laslo,ballet, twinkle toes, bagnes: Castellos, roof, 3date, Asian Pride!

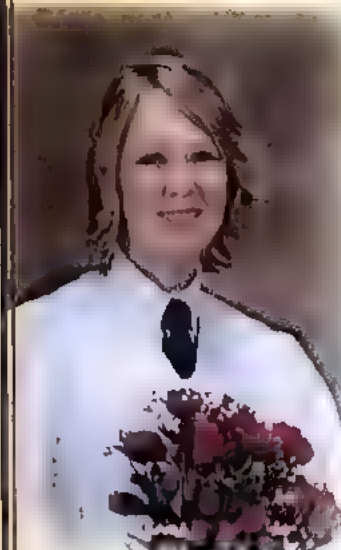


Marisa Hattem



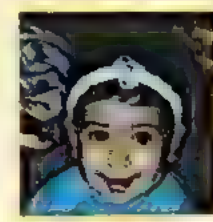
What's up 6f-random Two blondies & a redhead- what more can there be from Barry falling off the horse to the hole in the tree? Too many memories. AM. AD I luv your attitude Em reject. DB stuart SC. To all my sacred hearters I always got your backs. Oh boy, kurnquat.

Melissa Hindley



Grads at last! Mom, Dad, Alex danke fur alles. Luv you! Meg, rock on forever. Iz, Flash, Kav, Gab, Stef, Steph couldn't have done it sans vous. Library Crew, thanks for keeping me certifiably insane. Si hoc legere scriis nimium eruditions habes.

Krista Hold



"My insight through the mind I exercise my right to express when I feel it's time. It's just all in your mind what you interpret it as if you don't understand, don't even bother to ask" -Eminem. Friends & Family-nawen Cody love you 2005 Onenki!

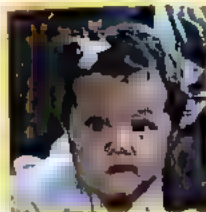
Lauren Jacco



Maria Kyres



Five years have gone by so fast. Many memories have been made & many friendships. "Best friends are like diamonds, precious and rare." TF, RP, MT, KA, MP, CD, TP, MM I love you guys. Mom, Dad, Cher thank you for believing in me. To all the grads, we did it!



Don't let them hold you down, reach for the stars Thanks to ma, dad, DC- much love! Shout out to: Kmac, LR, SP, OC, JD A, SS, SC, BS- Fab times! L6+CV- you know how we do- you're my girls for life! Sure! Congrats grads of 05. Holla at your girl xoxo!



Dania Lecomplexes Ochy



Props to AD, CF, MH, DB, SC, EM & DP- 2C & 3A memories- What's up MH? 6F Baby! CF- Ma Rousse- AD- Cookie? Big hugs to Mum, Dad, Meg & Grammy. Congrats Grads, it's been a blast! Good luck



Emélie Lee Larivée



Jennifer Lim



We made it out alive! The past 5 years have been hard but fun. AC, thank you for always being there, the laughter and jokes that we shared won't be forgotten. DP, AV, TVAM, thank you for listening & making me realise it. Kat, time did heal. Grads 2005: WE DID IT! Good luck & I will miss you all!



Natasha Lo Basso



To my family, thank you for always encouraging me. To my teachers, thanks for being my role models. To my friends: CT & AG, I wish we could have done it together, to CS, SPC, AM, SPNE, TP SSSM thanks for being there. You mean more to me than I can say..



I love each one of you in the class of 2005; it has been the best year of my life! Lunch table- DT, MT, 2RS, AC, RA, VW- luv all of you & thanks for being with me! Much luv to Anne, SG, DZ, I love you guys! Thank you to all my teachers for supporting me! To the grads, I'm going to miss you all!!



Azusa Maeda



Alessandra Manno



A giant leap from my heart to your arms before it's time to leave. SB el presidente! VB banana! AC<3-VC Oh my gosh! RC, -AFB forever! DH, LJ<3 -CM-NLB, TP Mikey-436, SP-SPC-BS-CS<3B+TLEE-Only true friends put up with crazy obsessions. I love you all!



I can't believe we finally made it! To my friends TP my eye's twitching, brochure, MC so much in common, AB chem buddy, AM listening to bandana stories, AMA hugs & AA you've been such a great friend. To my mom, dad & Amanda thank you for everything.



Caterina Marando



To the grads of 05, we finally made it! Thanks to my family & all my amazing friends:LR,AD, MH,EL,DB,BS,SP,SC,CF, luv you all immensely. CN&LN-I love you girls. Stratford, lunch table, breakfasts, train rides&more. Thanks girls, peace out, love ya.



Evanthis Markou



Dance like nobody's watching, Lovelikeyou've never been burned, Sing like nobody's listening, Live like it's heaven on earth. JAMBO-KA,SC,CD, JD,ME,TFMK,TPRPMP, VVW Italy04-Unforgettable. Mom, Dad,T-Loveyou. Knowledge speaks, but wisdom listens-Hendrix



Miju Martin



Wow, 5 years already! Thank you to all my friends for being there: DP,AS,AN,CG,JL,CF. AP-GGs Forever! AVF-our ways! TV-McDonald workers! CVAN,LG,DL-superstars,muahh!ALL-AK you guys made my days! To my friends & family I love you all!



Kathleen McCallan



It's hard to believe that this is all coming to an end. Mom, Dad, Marie & Papou, thank you for your love and support. O the memories- BLOND-SSUNS-Prefects-love you Paris-major convos(Sophia)-Vince-In Many Ways They'll Miss The Good Old Days(The Strokes)



Sara McCulloch



"There are places I remember all my life, though some have changed"-The Beatles. IB,IID,IIIB,IVA,VA. Mo Westers, 31 Mile Lake(lol FM!), badminton-Shaida & snack club! Hi how are ya, gorgie, I'm game, sisley why are you here? Go home...bye allen!

Katherine Meredith



To my D3 sisters, without you I would not be here today. Great memories! TV: downtown baby! To my family: thank you, I luv you. Never forget, your word is all you have, don't ever let someone tell you otherwise. It's a wrap!

Amanda Murray



It's hard to believe that five years have gone by so quickly. Mom, Dad, Zouzy, thank you! You girls have made my years here priceless. Murdock! 3C my crew -good times a.a.h! movie-beginning! I love you all thanks for the amazing memories.



Chanel Najjar



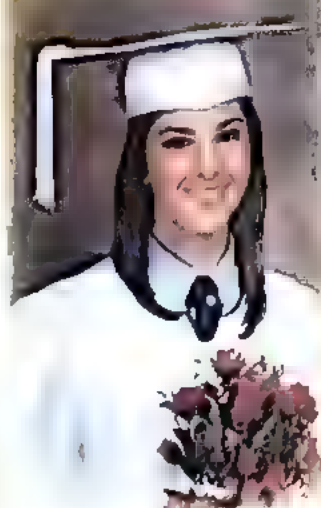
WE MADE IT! To all my family thanks for all the love and support. To all my teachers you have been an amazing inspiration. To my friends I'm a blond for life JP KD TC-sblNE-raindance VC JDA-Italy SM, SPC NLB, CS, SS, MH, AMA, VP memories last a lifetime.

Stephanie Panetta



Give it up to the graduates of 2005, we made it. Mom and Dad you are my strength I love you. Thanks to my big bro. Friends, my memories (forever: AV,DTP-karma JL) 2C 3C J, B, F, S, H- my girlies (everlasting). Follow your dreams xx

Deena Patel





Many people will walk into your life, but only true friends will leave foot prints in your heart- Thanks KA,SC,CD,MM,MP,RP,TF, MK! Italy'04-Wonderwall. Appreciation to teachers. Love Mom,Dad,Dario. Some people grin and bear it, we smile and change it.

Tania Pellizzari




"We were always dreaming of how it was going to be." -George Lucas. To all my family, thanks for all that you have given me. Vi amo tanto! To my great friends, memories to last a lifetime. Now it is time to find out how it will unfold.

Romina Perrotti


Grads of 2005, 5 years gone by-IA,2D,3A,4B,VA-great times! Mom, Dad, Von I love you SC,MM,TP,KT,CD- all our jokes! Whenever you are sad, remember there are at least 80 girls here who love you. Don't be sad because it's over, smile because it happened.

Monica Peters






Stratford, lunch time conversations...where to begin? AMA: our Diego,smarties MC: Enrique,sm,the hairAB: remember when I fell,moose CM: our talks AM: little mikey NL: math buddy, Mom,Dad,Cris,Jo-luv you guys. We made it! Thanks for all the memories. xox

Teresa Piscuneri



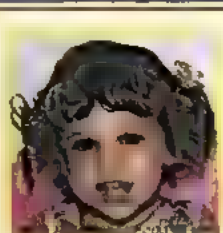
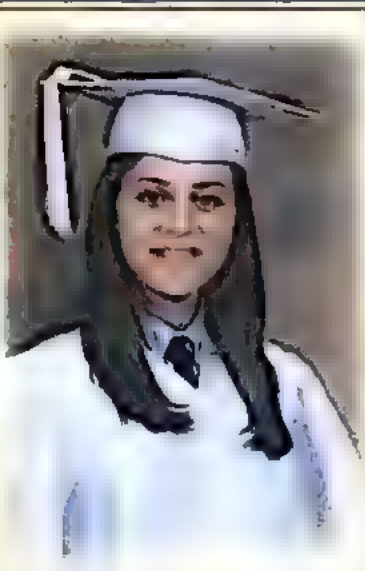

I'd like to say thank you to each of you for the smiles, laughter & strength that you've given me. KM,AS,TV,CG,AM JL,DPAV you girls have helped make me the person I am today & no words can describe how much I love you..Unforgettable. We did it!

Anna Pollock

DL,SS,AMA,CV,LG, AM,VB=J-bff-DT AD-D&S, ST-drews BS-LA Hills (B&S). Good times, thank you. My family thanks for all your love & support -Mom, Dad, Sonia & E.m (best)- Grads 05 -The world is yours.

Sabrina Ponari

5 years passed faster than I thought. Thank you Mom,Dad,Mat,Laura for always helping and supporting me. Thank you NLB, CS, SP, NE, SM, SS for being amazing friends and thanks to my teachers. There have been unforgettable memories. Good Luck to Class'05!

Sophie Predan-Chauvin



Lisa Rasmussen



That's hot...Thanks to mom, dad & family for the love & support, DL, LG, BS, EM, for the memories. Crazy times with CF-cheers! 2HH, JDA-the snacks, CV- cinda, SS, random talks & all the laughs! Much love and good luck! xox



Ladies, we've made it. My sexy ladies, Mom and Dad, you are my sunshine. "I have failed over & over in my life, that is why I succeed." To the teachers, I will never forget SHSM. Class of 05', I LOVE YOU ALL.



Ritz Leah Salvador



Wow, what an amazing five years full of laughter & full of tears! I'll have so many memories thanks to all my friends: LR, JDA, CV, LG, DL, AD & SP. The rest of you know who you are! Thanks to my family for being there, luv you all- LA Hills (B&S). I LOVE YOU



Bianca Santangelo



Word to the grads! D3 sisters: Love is Blind. Lauren, my angel, I love you. Family, you're my strength. "Don't go chasing waterfalls, please stick to the rivers and the lakes that you're used to." I'm out.



Andrea Sargisson



Sophia Sekkat



"Effort is success"-Mr Bordonaro. Thank you to my teachers & family for being my mentors & supporting me! To my friends-NE, SPC, CS SP, TC, SM, VC, NLB, JDA -I couldn't have done anything without you! Lis: Thanks for bringing out the craziness in me. Cheers! Carpe Diem!



Finally & sadly 5 memorable years of our lives are over. These 5 years will surely be ones to remember especially 2C! My luv to Mom, Dad, Jannie, Jitin & thanks to my friends (azn crowd + significant others), & to the graduates (class of 2005) "We did it!"



Ravneet Singh



Claudia Spina



To NL SPC VW AM SS SM RS AC SP NE your friendships are priceless; teachers you were my voice of reason & to my family all my gratitude. You've all helped me become who I am. So even though all good things come to an end my love for you never will



Never forget! Thanks so much to all my friends who made these 5 years amazing. AMA(BFF-zest,a.d too much,NE (makeup, guy probs, luv you for life!), CD(qt,nb) SPSS,DL,CF,LD,KM,CD, Mom,Dad,Steve thanks for everything! Grads of 05 love you all tons!



Shannon Summers

"Go into the future, don't look at the past, let the bad go, and let the good last. Brace yourself for a new world to conquer, Memories made here are what make you stronger" -Y.T Rock on C.O'05 -xoxo-



Megan Thomas



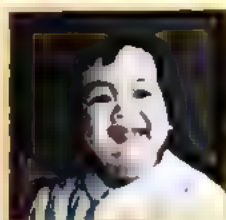
Five years have passed by so quickly. I would like to thank my parents, teachers and friends for their support. You have all taught me so much. Many memories with azan invasion, independence, changes and whispers. Life is water, just let it flow.



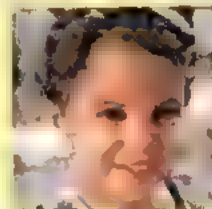
Mila Tran



Dan Thanh Truong



Lattie da...(memories) T.O. concerts, camping, parties (m.j), ricola my friend, SSUNS. Thanks to YI,VVW(my bests),JY, AZN INVASION + RA, farmers, maris, my family, you keep me sane! -Face the evil and laugh when it turns around.



To all my grds- you're my strength.JLim-staystrong,AP, AM, AS, NDP-french toast, MH,CC-castello, 3date, 123, azn, KM-our ways, DPTV-lunch convos, bball LD-the sun is rising AA-LD-down-town, eggs Jesse-boo Para minha familia obngado. I'm out!



Alexandra Valente-Fernandes



It has been a long 5 years
Lest we forget. Laughed,
cried, yelled, whispered,
celebrated & ran into
walls/lockers. All my
sacred girlies, love all of
you. AM,AS,KM,AV,DTP,
JL,CC,AP,Laughter by far
is the best medicine. Con
Familia , nada mejor.

Tenisha Valliant



"It's all said & done, it's
real & it's been fun. Grads
of 05 we did it! To all my
friends I luv you. DL &
LG never forget laughs
BFF, LR cinda, K-Mac
mysuperstar, JDA hoops,
SP & BS lunch. IIIA.
Mom,Dad & Paul thanks
"Truly good friends are
hard to find, difficult to
leave & impossible to
forget."Peace out xoxo



Christine Vannelli



Congrats to all the grads
of 2005! Thanks to all
those who have made
it beautiful to live: my
family and friends: AA,
RA furry, AC trekky, AC
baby, SG, AM, CS man,
RLS, RS, DT 2nd mom,
MT the two, MT troubled
times! Peace, Love and
Deathmetal



Vanessa Velkoff-Woo



Hi everybody! I hope you
all enjoy Grad. It's been an
interesting four years at
Sacred Heart & probably
rewarding as well. It's been
fun meeting people from
all over the island and off
Good luck! To my friends,
hope to keep in touch
Thanks Mom & Dad.

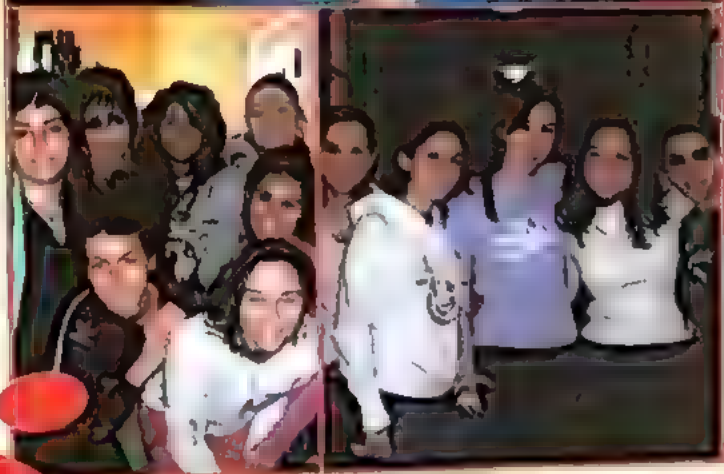
Diana Zavergiu



SECONDARY 5 RETREAT

We'll all remember

- The mass and candle ceremony that brought us closer...and that made us cry (hysterically!)
- The blue's notes!
- The movies: "The Fisher King" and "Beaches."
- The treasure hunt-crawling on our hands and searching for toothpaste, SHSM agenda...
- The new friendships we formed..



"If you're lost you can look - and you will find me, Time after time, If you fall I will catch you - I'll be waiting, Time after time..."

- Cyndi Lauper

Stratford



Memories will last forever...



SHOP 'TIL YOU DROP

THE AVERAGE WEEKEND IN THE
LIFE OF A SACRED HEART GRAD...
SHOPPING!

ALDO

COURS MONT-ROYAL

BROWNS

GUESS

NEON

BCBG

URBAN OUTFITTERS

AMERICAN EAGLE

AMERICAN APPAREL

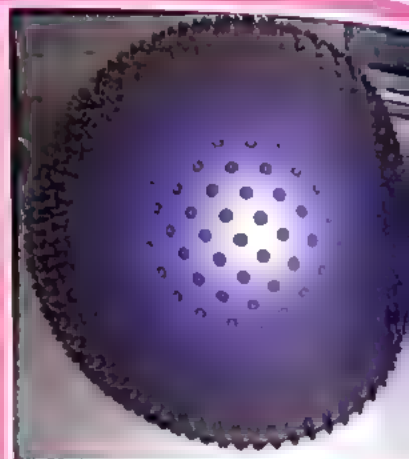
The Chronicles of a Sacred Heart Grad

Beauty Queen

This is a story of a girl who always felt unpretty. She feared that prom would be a nightmare: her dress wouldn't fit right, her feet would swell, her makeup would look bad and her date wouldn't show up. Then she fell upon a book called the *Chronicles of a Sacred Heart Grad* and her grad night was unforgettable.

She had always been a good girl. She played by the rules never kissed on the sly... and agreed that Daddy knew best. Tonight was her night to be a prom princess.

Morning 8:00 a.m. - 12:00 p.m.



Rise and shine it's 8 a.m. and time to get up to get yourself ready for your big day. Breakfast is the most important meal of the day, especially on your grad day. Stock up on fresh fruits and cereal to keep you going through the night. Don't forget to pack yourself a few snacks for the long night, you will definitely need an energy boost! Now it's time to get dressed for your hair appointment. Button shirts do the trick, you wouldn't want to run your hair getting out of a tight shirt!



Don't forget that your hairdo has to stay all night. Don't go for anything too big, plain and simple never goes out of style! Whether your makeup is home made or done by professionals the colors of the summer are gold, bronze, and pink sheers. If you're wearing a dark dress try a smokey eye and if you're wearing a lighter dress try sheers and pastels on your eyes and extra glossy lips. Everything has to be perfect so don't neglect your bitten nails. Try a home made manicure and pedicure if you want to save some extra money.

Afternoon 12:00 p.m. - 3:00 p.m.



It's lunch time: it's very important that you eat as much as you can to get as much energy as possible. Try pasta or anything with a lot of protein (chicken, fish, etc.). Eat before you get dressed! It's finally the time to put on your prom dress, the one you ran on the treadmill for hours to fit in! Shoes are a very important part of the outfit. Try a bold color if you're wearing basic black or white. Make sure your shoes are comfortable: you'll be walking all night (or bring extra flip flops for after prom).



This is your last chance to check over your "Things to Remember" list. Check over and make sure you have everything. You wouldn't want to realise you've forgotten your money once you're at the hotel! The limo has arrived to pick you up: don't forget to stay safe and have fun.

Movies for the limo: go for the good old classics!

Just in case your menu catches on fire- "wink wink"

Things to Remember:

- ✓ Bring lipgloss in purse
- Bra straps for after prom
- ✓ Toiletry Bag
- ✓ Socks
- Extra LOW shoes (flip-flops)
- Change of clothes
- ✓ Junk Food

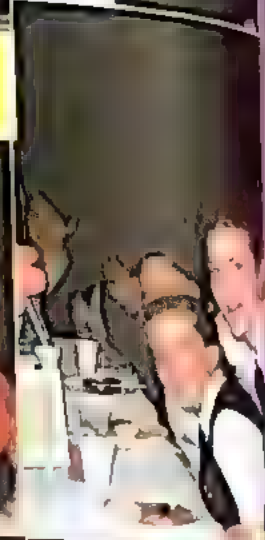
- Hair spray
- ✓ Camera
- Candy
- Money
- ✓ Cell phone
- ✓ Kleenex
- Movies and Magazines for limo



Secondary 5 Entertainment



Fun times ... and long hours preparing!



Nuns, Sombreros, and "oompa loompas" made the whole show so memorable...



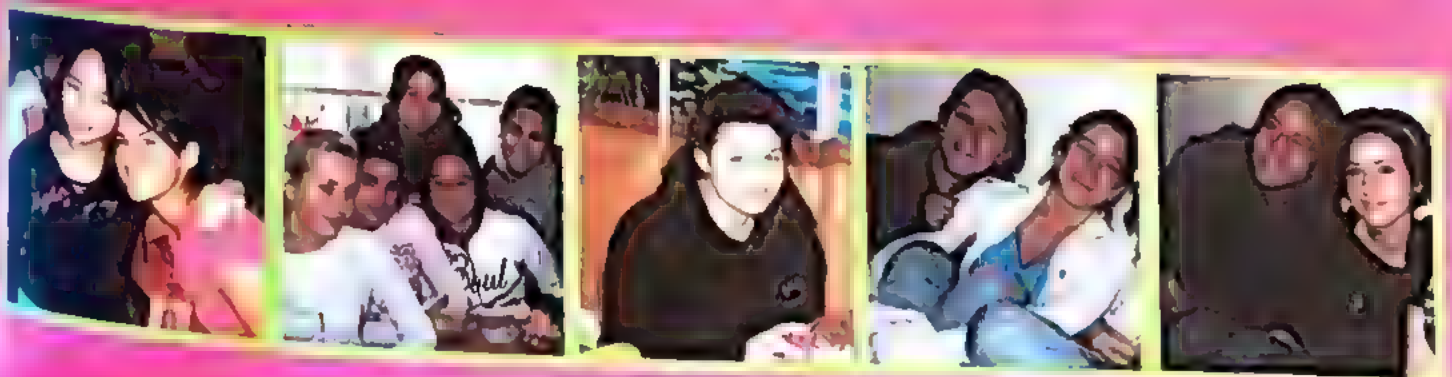
Tear...



SEC 5 Entertainment MEMORIES

- Singing the Grad song at the end followed by a whole lot of crying!
- The switched lyrics of the song: "California" sung by the secondary 5s
- The original canvas frames made for the whole show which was hilarious
- The show show of pictures that really touched our hearts

A big **THANK YOU** to the Secondary 5s who put in a lot of time & effort to make this night possible!



What our Stars (might be...)

- Josephine E: Most likely to become a public speaker.
 Marissa H: Most likely to be mistaken for Jennifer Lim.
 Alique A: Most likely to use up the world's supply of gel.
 Bianca S: Most likely to marry a director in California so she can act in his movies.
 Amanda D: Most likely to marry and divorce many times, end up with Hoolie at the end, and grow old while partying with Melissa H.
 Melissa H: Most likely to move to Africa, marry Sheldon, have 6 kids, and grow old while partying with Amanda D.
 Kathleen M: Most likely to die of a cardiac arrest in a McDonalds but still look classy and chic.
 Andrea S: Most likely to become a fashion designer in France, get sick of French boys; come back and marry a with dreads.
 Anna P: Most likely to prepare going to the Grammys for a year, show up, see no hot guys and leave ten minutes later.
 Shannon S: Most likely to live in a plastic Barbie house, marry Ken, and live happily ever after.
 Anne-Michelle A: Most likely to start a golf tournament where all the guys have to be male models.
 Alexandra B: Most likely to marry a man with straight hair but still have babies with afros.
 Lisa R: Most likely to appear on an episode of Cops.
 Monica P: Most likely to live at camp and marry a guy named Chris.
 Caroline D: Most likely to marry Ryan Peake and have her wedding song be by Coldplay.
 Ravneet S: Most likely to move to an Omish country and give up all her material possessions such as jewelry, magazines and Louis Vuitton.
 Arohie C: Most likely to forget she's Indian.
 Dan Thanh T: Most likely to be mute by the age of 25 and still try to argue her way out of things with spastic hand signals.
 Vanessa V.W: Most likely to run in a triathlon and win.
 Megan T: Most likely to gain weight eating celery.
 Krista H: Most likely to take over the world.
 Milla T: Most likely to get a tan.
 Azusa M: Most likely to run to the border and meet Ms. Nish.
 Adrienne C: Most likely to become a math teacher.
 Ritz S: Most likely to marry a Filipino from Plamondon metro.
 Katie A: Most likely to marry a French guy... "Je le veux" (I do)...what?
 Jillian D.A: Most likely to become the next Julia Roberts and marry Pheneus Walter.
 Stephanie P: Most likely to have a smile on her face while breaking up with her fiancé.
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 Sabrina P: Most likely to be unemployed, go broke from lending people money, drive a seized BMW and live at home off her parents' money.



Robyn A: Most likely to convince the world that she's a short Asian.



Sophie G: Most likely to give out love music, and warnings for talking.



Ashley A: Most likely to become an entertainer in Las Vegas and change her name to Shaniqua Sha-Na-Na.



Anne P: Most likely to be in a garbage truck and demand that its contents be searched for materials.

Most likely to...Most likely not to...Most likely to...most likely not too...Most likely to...Most likely not to...Most likely

in the Future

- Danielle B.: Most likely to marry a Selwyn boy, move back to Toronto, and have kids who wear Tear aways.
- Sophie C.: Most likely to have a nervous breakdown if she lost her cell phone.
- Claire C.: Most likely to dye her hair platinum blonde, and claim to be Gwen Stefani. Absolutely marry a little man have a double wedding with Rachel and replace the bridesmaids' bouquets with toy poodles.
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- Claudia S.: Most likely to be engaged to "Don Juan" in northern Italy in exactly 8 years and show up in a History Documentary on the Discovery Channel.
- Tracy F.: Most likely to be the next official spokeswoman for Crest Whitestrips.
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- Romina P.: Most likely To marry a tall, dark and handsome Italian soccer player.
- Sara M.: Most likely to be the next Marc Jacobs, design a fashionable full body cast and marry the lead singer of a band.
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NOT A STAR

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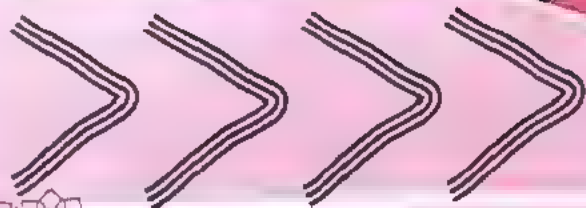
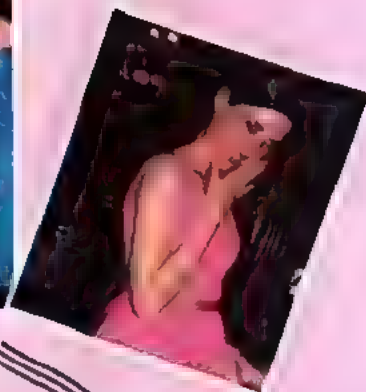
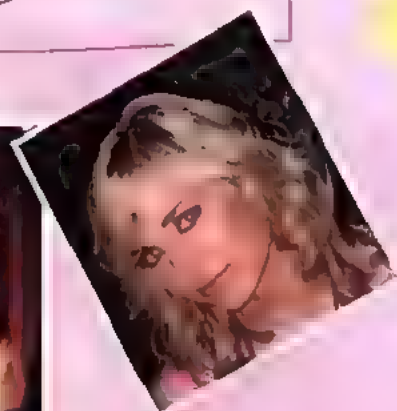
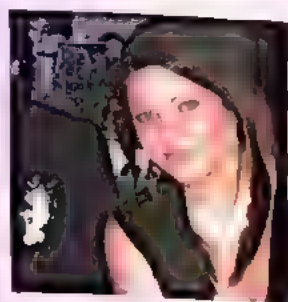
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>>STAR Scoop

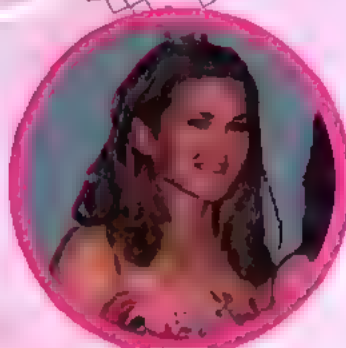
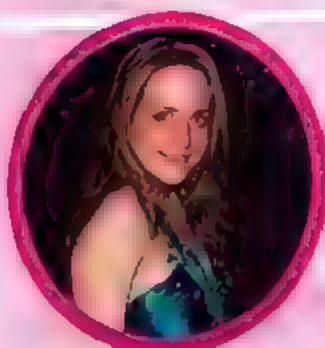
Prom

Inside Gossip

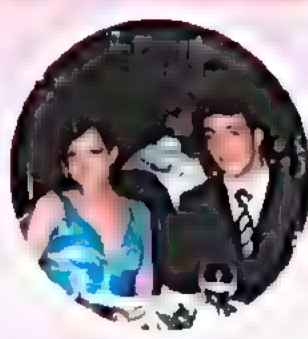
Everyone looked gorgeous, and had very original makeup (Whether it was home-made or MAC-made). No one had the same dress (thankfully) - all the way from BCBC to New York City and Florida! All in all, FASHION on prom night was great!

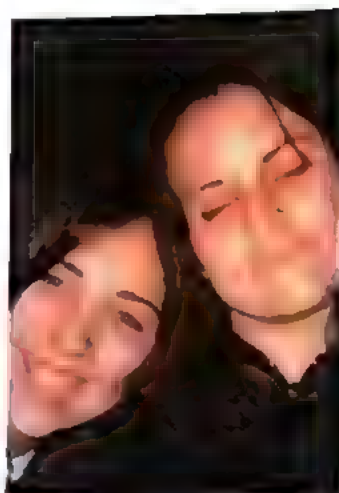


Prom was a memorable night filled with laughs, cries and dancing! The grads all met at school to take their group picture, then went off to Chateau Champlain to enjoy their graduation dance. Later we went out...then had a breakfast for the grade at 6am (yes, 6am!) It was a night that will never be forgotten.

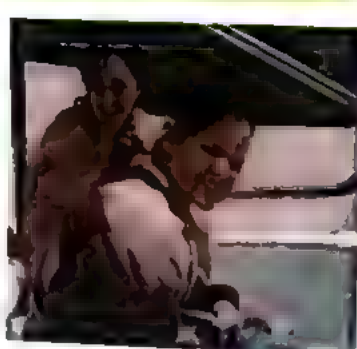
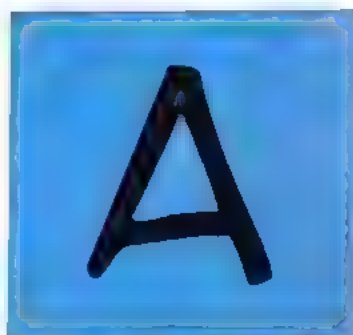


Night

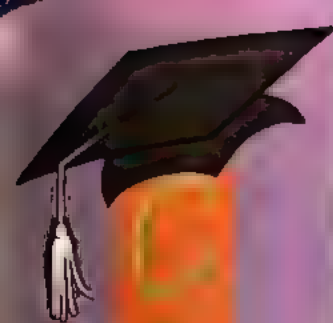




The Morning



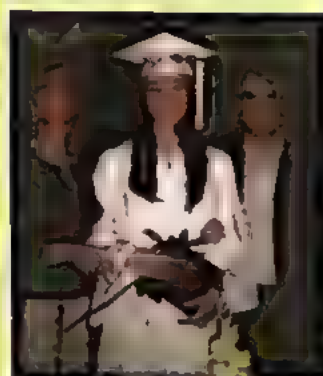
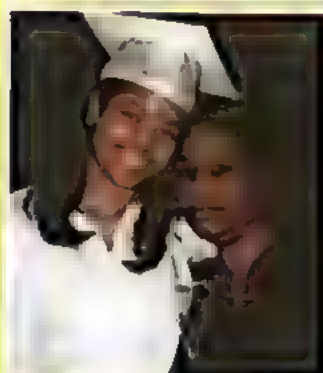
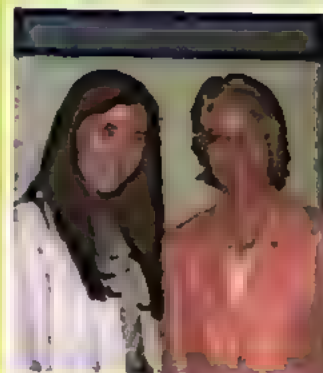
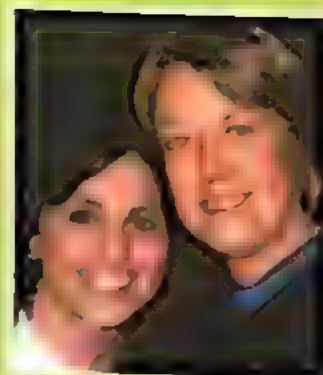
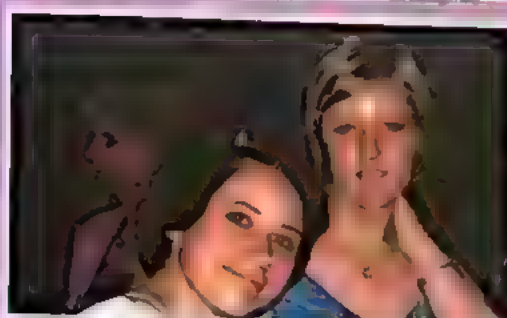
At 6 in the morning, we all re-united at "Egg-spectations" downtown. Everyone looked... "great" and oh-so tired as we all partially fell asleep, resting our heads on the tables as we waited for our food. We had breakfast half awake not quite knowing what we were eating, then went home or to a friend's house to have a nice rest. zzzz....



GRAD

CELEBRATION

The day has come...



"Here's to the times we felt alive, here's
to the tears you knew you'd cry; here's
to goodbye, tomorrow's gonna come too
soon..." - Sec 5 Grad Song



Valedictory Address by Benjamin Davis

"You are the stars. You are the sun. You are the moon. You are the stars. You are the sun. You are the moon."

Good afternoon guests for this momentous day. We are gathered here today to celebrate the achievements of the graduating class of 2007. After years of hard work and perseverance, the day is here. You will leave these familiar walls and embark on a new journey into the future.

I sometimes think back to my first memory at the School of Montreal - the time was September 1st, 1999. It was my first day of Secondary one. I can remember walking into the huge castle at the top of the hill, to perfection in my new uniform: the blue parka, the navy blue knee-highs, and the black Docs. Five years ago we all walked into this foreign and strange castle that has now become so familiar to us.

I can recall my first lunch in the dining hall sitting at a table who seemed just as lost and confused as I was. I was handed soup a teacher tapped me on the shoulder. She told me that I was not eating my soup properly like a woman. I was a young woman should. It was at this point that I realized that an education at the Sacred Heart was about something more than just academics. It was also an education of the mind, the body and the soul.

Over the past five years, basic manners were drilled in us - posture, sitting with one foot in the in step, or the other standing, when an adult enters the room and yes, even eating properly. We have been taught to love, to be kind and to treat everybody with respect. Furthermore, we have been become academically disciplined and disciplined in the way we behave.

Sure there were times when we questioned the rules and Sacred Heart seemed more like a barred prison than a castle. I believe that it is fair to say that every single one of us would have given anything to not be here at this point or another - whether it be the stress caused from all of the work, our hectic schedules or from some of the rules. However, we have now come to understand that everything was well intended. We have come to realize that the positive aspects of Sacred Heart definitely overcome the negative. Some of our best years were spent here. Friendships that will last a lifetime were forged within these stone walls. The experience of enduring high school with only girls is an experience that no one can ever give you. We always manage to find something to complain about - whether it is the food that made our hair fall out, or that mark we knew we deserved. But let's be honest, in the past five years, we cannot compare about the friendships and memories of the past five years. I can guarantee that one of these memories will include an event that is still ringing in your ears or the one still ringing two rows ahead. These memories are precious keepsakes that will remain with us forever.

In the end, thank you for always being there for us when we needed you most. You were always so understanding and helpful. You not only educated us in a classroom but also as well. You were the ones that put a smile on our faces.

To our families and friends, thank you for always being there for us throughout our high school years. We are grateful that you pushed us to keep going and for not giving up on us. We might not say it, but we do appreciate all of your help and support.

To the graduates and to my friends, we came here five years ago not knowing anyone. Today, we stand together as friends who are so close, we are almost inseparable. We have spent our teenage years together and we made so many memories together. We learned together, we went on retreats together, and who could forget our trip to the States? When somebody has a bad day, all of the hugs and helpful talks would help make everything better. We grew together, we laughed together, and we cried together. This place has become a second home for us. We have grown so comfortable within these stone walls - the familiar corridors, the familiar faces, and the familiar terms that we all understand. We Defecto in our B.C. and A.H.A.B.U.T.A.C.C. It will never be the same wherever our path in life leads us. I'm sure we will miss it. Five years ago we walked through the hallowed doors of Sacred Heart, and today, after much learning and growth, we are about to walk out into the world as confident young women.

I know that as we take our next step in life, we will all be successful in our own unique way. We must not fear the unknown. We must make our mark on the world and take the lessons that we learned here - the lessons on respect, hard work, compassion, and courtesy. We are now prepared to embark on our journey into the world. As you step out into the world, you must remember to be courteous and to learn from your mistakes. Remember to be kind, because as we all know, kindness never goes out of style. And lastly, never stop striving.

Dr. Seuss once wrote, "You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own, and you know it. You know. You are the one who will decide where to go." Our time is up, and it's time to hang up the uniform - our high school years are over. I'll miss you girls.

Honour Roll Prizes

Emily Award
 Elizabeth Award
 Margaret Award
 Lady Jane

John Award
 Margaret Award
 John Award
 John Award

The Sacred Heart High School
 The Sacred Heart School of Montreal Art & Design
 Memorabilia Memory Book Award

Bruce M. Hicks Public Service Award
 The Debating Prize
 Sacred Heart B.C. Award for English
 Student Council Prize
 Parents' Guild Prize for Social Studies
 Sister Gertrude McNamara Memorial
 Prize for Mathematics
 Soeur Annette Archambault Memorial Prize for
 French Second Language
 City House Foundation Bilingual Proficiency Prize
 Aerial Wilkins Roper Memorial Prize for
 Inter-school Sports
 Heather MacDougall Memorial Prize for Fine Arts
 Judith Rossi Memorial Prize for Drama
 McGill Science Award for exceptional promise in
 Science and Mathematics
 Estelle Fitzgibbon Memorial Prize for highest
 composite average in Science
 Patty Forbes Memorial Prize for Health Sciences
 The Lieutenant Governor's Award for academic
 diligence and personal, social and community involvement
 Provincial Council Award for demonstrating compassion and
 exceptional dedication through social action
 Frances Smith Memorial Prize for significant contribution to the
 life of the school
 Governor General's Medal and Parents' Guild Award for the
 student with the highest general average

Special Prizes

St. Mary's Award

St. Mary's Award
 St. Mary's Award
 St. Mary's Award
 St. Mary's Award
 St. Mary's Award
 St. Mary's Award
 St. Mary's Award

St. Mary's Award

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St. Mary's Award

St. Mary's Award

St. Mary's Award

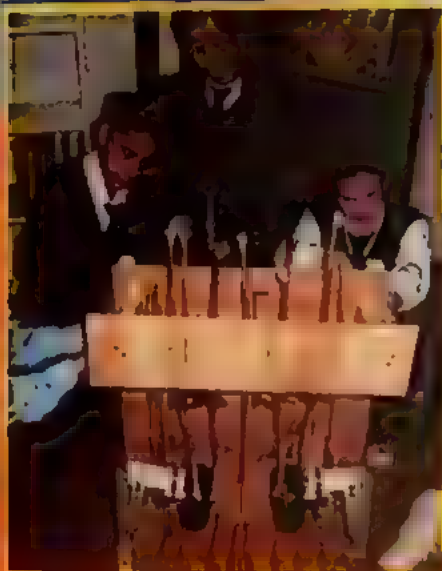
St. Mary's Award



Targead Borzai



DOMO ARIGATO
MR. ROBOT



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Breast Cancer Walk



Lindsay Davis



Aliquo Attellan



Mebea Desmarais



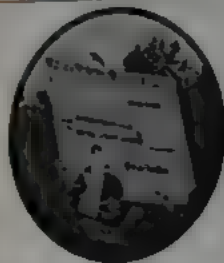
Dayna Hajj



Jennifer Newton



Emily Chazra



**Our schools raised
in total over 45
thousand dollars!**

Though the
walk seemed
very long,
it is nothing
compared to
the challenges
women diag-
nosed with
breast cancer
face every
day.



Hope. Faith. Cheering. Pink.

One reason: Girls for the Cure!

SHSM, Villa Maria, Trafalgar,

E.C.S., The Study & Q.A.A.



The schools gathered on September 28, 2004, at Mount Royal in the hope to find a cure for breast cancer



SPIRIT WEEK



Oh no!
Where did
the spirit
go?....
Good thing
our Sacred
Heart Men
in Black
were here
to come to
the rescue
and bring
it back.

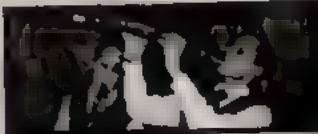


Spirit can
be defined as
a strong loy-
alty or dedica-
tion. At the
Sacred Heart,
it is defined as
dressing up in
the wackiest
costume possi-
ble and making a
fool of oneself!



Christmas

CHRISTMAS CONCERT



Have a Singin' Christmas!

CHRISTMAS BAZAAR



Time . . .

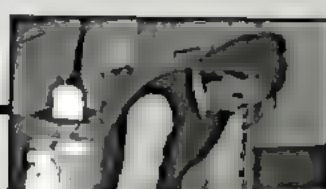


“From home to home, and heart to heart, from one place to another. The warmth and joy of Christmas, brings us closer to each other.

--Emily Matthews ”



Christmas Wishes



CARNIVAL



Activities:

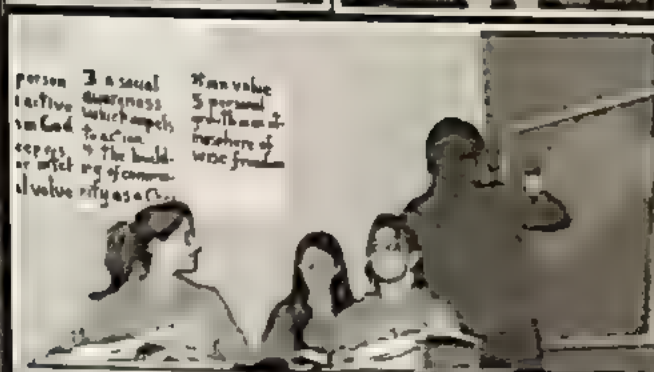
- skiing
- tubing
- skating

Let me see you ski and tube!!!



DASHABUSTADD

Secrets & Search



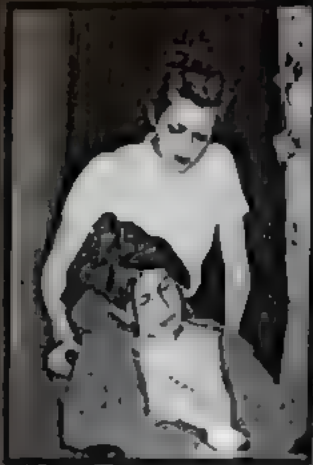
And the STADD Award goes to...

Best trademark... Ms Gendron
 Most misunderstood... Ms Del Toro
 Best dressed... Ms Ingelton & Mme Drouin
 Most sarcastic... Ms Antonini
 Most philosophical... Mr. Bordonaro
 Best sayings... Ms Nish
 Most poetic... Ms Arella
 Best vocals... Ms Walsh
 Most competitive... Mrs. Cumming
 Cutest... Ms Armstrong
 Best look alikes... Mme Talbot and Mme Laquerre
 Most maternal... Mme Arnold
 Best laugh... Ms Lessey
 Most creative... Ms MacCallum
 Greatest chocolate lover... Mme de Sainte Marie

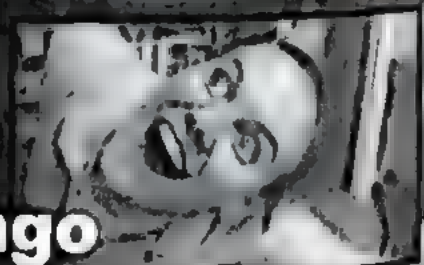
Most Claustrophobic... Ms Nastro
 Most versatile... Mme Morriceau and Ms Fougere
 Most dramatic... Ms Arseneault
 Bobbiest Personality... Ms Polter
 Best group performance... the men in black - Mr. Lapelle, Mr. Puge, Mr. Griffin, Mr. Hammett, Mr. Francis, Mr. Judson, Mr. Kousik, and Mr. Tilton
 Biggest appetite... Ms Neel
 Most mellow... Mrs. Barnell
 Best cook... Mme Tchernigovskina
 Best hallway sprinter... Mme Bellfort
 Best tag team duo... Mrs. Brooks and Mrs. Filipovich
 Best comeback story... Ms Vaupshus
 Most mysterious... Ms Bucara
 Best time manager... Ms Dronson



LES BELLES SOEURS

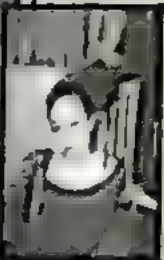
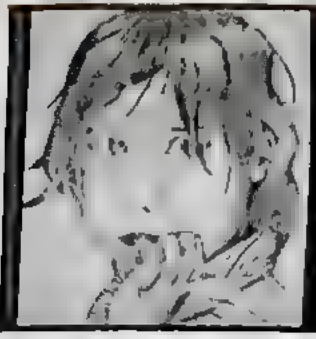


I LOVE Bingo



Arts Festival

FASHION—THAT'S WHAT IT'S ALL ABOUT



Lost in space...



Funky hair girls!!!



Posing for the cams

Student X-Change



Caroline Donohue
Age: 17
Destination: Sydney, Australia
Date: Feb 27 - March 24



A journey to remember



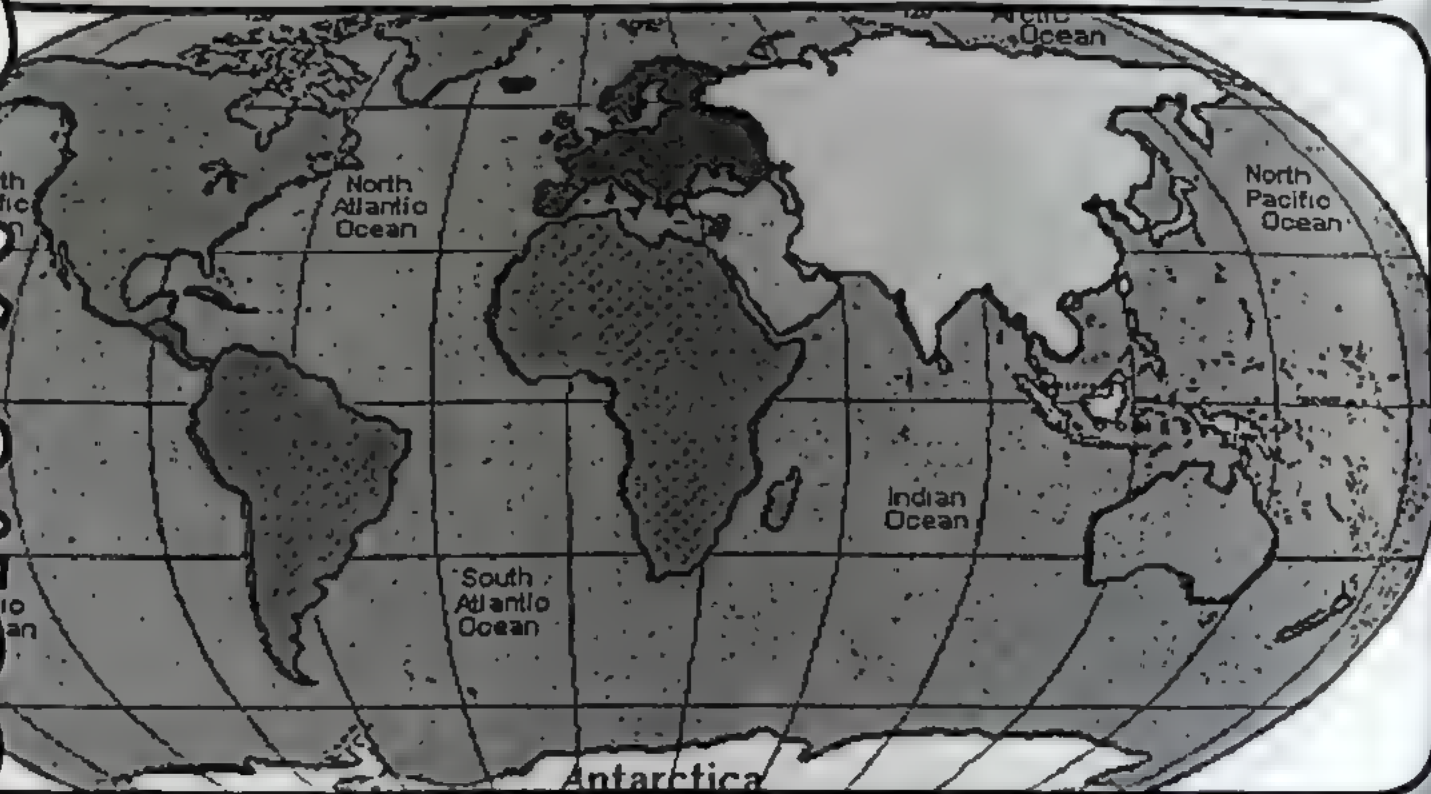
Natasha LoBasso
Age: 17
Destination: Melbourne, Australia
Date: March 4 - April 7



Meaghan Evans
Age: 17
Destination: Melbourne, Australia
Date: March 14 - April 14



Katherine Meredith
Age: 17
Destination: Nantes, France
Date: March 5 - March 25



Laura Kavanagh
Age: 16
Destination: Grand Coteau, Louisiana
Date: March 12 - April 3

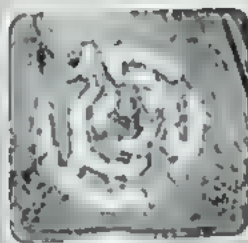
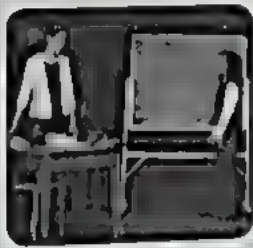
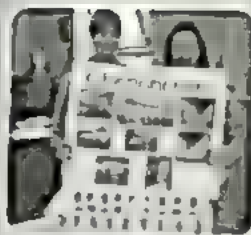


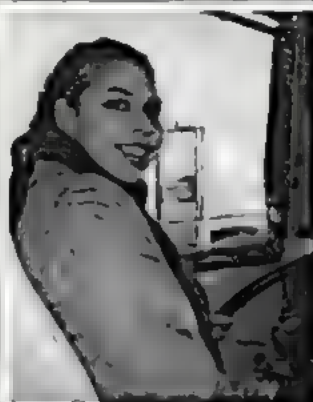
Caroline Rudolph-Zbarsky
Age: 16
Destination: Mumbai, India
Date: July 29 - August 21

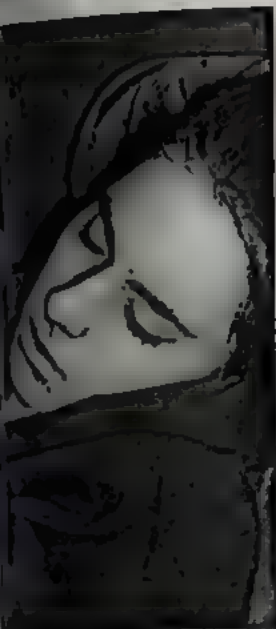


Robyn Grasby
Age: 16
Destination: Taipei, Taiwan
Date: August 5 - August 20

French







Trips



CLUBS



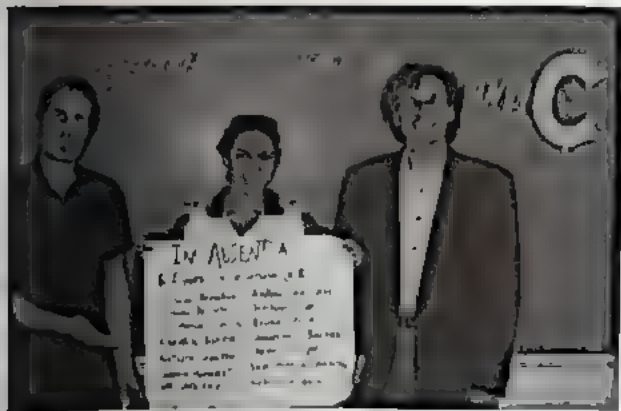
Junior Debating Club:

Amanda Arella, Julijana Benc, Jessica Bindra, Pamela Caccese, Garima Chopra, Lia D' Abate, Caitlin De Sève, Sheila-Louise Gaon Canlas, Emma Han-nouche, Nadia Kanji, Kathryn Kotar, Ashley Lanni, Alexandra Lewycky, Grace Mac Donald, Elena Motivans, Karimah Rahman, Gersande Richer La Flèche, Hanieh Zargham



Senior Debating

Isabella Matteo, Stephanie Maris, Dan Thanh Truong, Kathryn Palmer, Monica Peters.



Issues in Economics

Caroline Donahue, Romina Perroti, Stephanie Panetta, Claudia Spina, Natasha LoBasso, Sophia Sekkat, Andrea Sargisson, Jennifer Lim, Azusa Maeda, Skawennuo Barnes, Chanel Najjar, Josephine Esposito, Robyn Asquini



Jeunes Démocrates

Alexandra Gagnon Rivet, Dan Thanh Truong, Sophia Sekkat, Marlon Gale



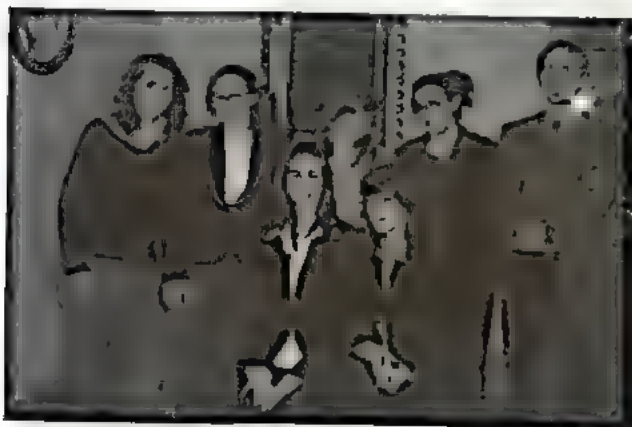
Art Culinaire

Sophia Di Girolamo and Caroline Colozza and others...



SSUNS

Alyssa Power, Claudia Spina, Shayesta Chatton, Alexandra Abrol, Stephanie Amorosa, Caroline Donahue, Sandra Godin, Diana Zaverger, Janet Belliveau, Dan Thanh Truong, Virginia Clarke, Sara McCulloch, Jennifer Panetta, Sophia Sekkat, Dania Leclercq, Sophie Cowan, Vanessa Caruso, Vanessa Pendergast



Model UN

Marie McCulloch, Elizabeth Stronach, Davina Loporcario, Gillian Kerr, Melanie Al-Ahmad, Emily Snell



Environment Club

The executive: Claudia Spina, Sophia Sekkat, Sophie Predan-Chauvin, Natasha LoBasso.

Other helpers: Alexandra Pantera, Caroline Rudolph Zbarsky, Jessica De Rosa, Katherine Mandilaras, Melanie Tutino, Nadia Simeone



Vocal Ensemble

Stephanie Amorosa, Caitlin Babi, Stefania Bertrand, Erin Brownbill, Jessica Carrero, Melissa Cavaliere, Madelyn Coull, Lisa D'Abate, Krystin D'Agristano, Sandra Godin, Sophia Grigoriopolous, Stephanie Karzon, Michelle Lewis, Cynthia Mancinelli, Stephanie Maria, Kathryn Palmer, Ruveneko Ferdinand-Peterkin, Sophie Predan-Chauvin, Chloe Lynn Russo, Ritz Leah Salvador, Claudia Spina, Dan Thanh Truong, Lauren Vauphan, Vanessa Velkoff Woo, Carissa Wong



Liturgical Choir

Juliana Benz, Tara Brownbill, Garima Chopra, Lisa D'Abate, Sophia DiCarlo, Chloe Russo, Carissa Wong, Stephanie Amorosa, Stefania Bertrand, Erin Brownbill, Ashley Chopra, Marion Gale, Sandra Godin, Gabrielle Lefrancois, Natasha Lofthouse, Stephanie Maria, Sophie Predan-Chauvin, Claudia Spina, Laura Kavanagh, Meghan Demson



Art Club

Juliana Benz, Ashley Farthing, Talen Ayza, Sheila Caci Carlin, Bianca Breaux, Claire Carrey, Stephanie Christakopoulou, Vanessa Chung, Jessica Carrero, Victoria Chikarewsky, Kristen Brownell, Claire Farrell, Ruveneko Ferdinand-Peterkin, Vanessa Russell, Meghan Demson, Meghan Evans, Vanessa Yu, Cynthia Maria, Im-Amaria Men, Carman Chopra, Teresa Morrow, Angela Cuthbert, Samantha Badonier, Izabel Lee, Alexandra Tsvetkov, Olivia Durand, Lauren Sarin, Sofia D'Amico, Alessandro Chy, Amanda Anthe, Dina Lacopis, Gerardo Richter La Roche, Melina Al-Ahmad, Lashara Kalygornalis



Chorale

Stephanie Amorosa, Juliana Benz, Stefania Bertrand, Erin Brownbill, Tara Brownbill, Pamela Caccese, Shayesta Chattoo, Garima Chopra, Lisa D'Abate, Sandra Godin, Ashley Grace Farthing, Marion Gale, Sandra Godin, Gabrielle Lefrancois, Chloe Lynn Russo, Melissa Walsh



Band

Johanna Bitharas, Erin Brown, Vanderruys, Jessica Carrero, Madelyn Coull, Jessica Carrero, Caitlin De Seve, Ruveneko Ferdinand-Peterkin, Elise Frym, Sophia Grigoriopolous, Ariana Ho, Stephanie Karzon, Sofia Angela Lofreda, Viviane Luu, Cynthia Mancinelli, Lisa Martin, Tuan Kerrin Martin, Im-Amaria Men, Alexandra Mouton, Tsvetkov, Nguyen Mai Anh, Valentine Ostaszewski, Julia Panconi, Amanda Lee Phillips, Isabella Sternach, Vanessa Velkoff Woo, Carissa Wong



Newspaper

Alexandra Abrol, Janet Belliveau, Shayesta Chattoo, Virginia Clarke, Melissa Desmarais, Marion Gale, Nisha Jaga, Laura Kavanagh, Alexandra Lashish, Charlotte Lamontagne, Stephanie Maria, Isabella Matteo, Kathryn Palmer, Alyssa Power, Samantha Reusch, Caroline Rudolf-Zbarsky, Melanie Turro, Stephanie Vokaty



SPO
SPO
SPO
SPO

Swimming



Sofia Alfonso
Amanda Arella
Alexandra Boky
Sandrine Cassis
Vanessa Cheng
Stephanie Christo
douloupoulos

Alessia De Lauri
Fabiana Ghaleb
Vanessa Italia
Julie Hanna
Alexandra Lewycky
Natasha Pereira-Erskine
Teresa Sweet
Gianna Zappitelli
Allyssa Analytis
Jennifer Barwick
Kirstin Charron
Virginia Clarke
Alexandra Gagnon-Rivet
Stephanie Karzon
Jennifer Newton

Mai Nguyen
Caroline Donohue
Natasha Egiziano
Tania Pellizzari
Monica Peters
Lisa Rasmussen

Coaches:
Ms. Armstrong
Mme Talbot

Softball

Katelyn Abbey
Vanessa Alfonso
Bianca Bertola
Erin Bown-Vandercruys
Catherine Brunelle
Sara Cavalluzzi
Brooke Deer
Gillian Kerr
Lisa Martin
Elena Motivans
Kathryn Palmer

Christina Paolucci
Tania Pellizzari
Monica Peters
Amanda Lee Phillips
Ashlan Phillips
Taylor Wright-Connors

Coaches:
Ms. Brown
Mr. Hammett



Golf



Anne-Michelle Arless
Gabrielle Baht
Robyn Grassby
Melissa Hindley
Jennifer Newton
Stephanie Roy

Coach: Mr. Pagé

Tara Brownbill
Garima Chopra
Caroline Colozza
Lauren Farmer
Kathryn Kotar
Sabrina Mossori
Tamara Morisson
Leia Pengelley
Chloe-Lynn Russo
Vianna Yu
Stephanie Amorosa
Joanna Bitharas
Erin Brownbill
Sandra Godin

Stephanie Karzon
Cynthia Mancinelli
Lisa Martin
Kathryn Palmer
Elizabeth Stronach
Vanessa Alfonso
Alique Akkelian
Arohie Chopra
Alexandra Lantosh
Kathrine Meredith
Monica Peters
Sophia Sekkat



Coaches: Mr. Pagé
Mr. Francis

Badminton



Private School

SOCCER



Chelsea Brossard
Alexandra Boky
Rebecca Cate.lier
Samantha Colé
Alessia Di Giorgio
Carina Di Tomasso
Alexandra English
Ashley Farthing
Julie Hanna
Dara Larocque
Paula Morin

Christina Rafie
Alessandra Ruffolo
Jessica Sadko
Jessica Santamaria
Sabrina Vadacchino
Alessia Vincelli
Melissa Walsh

Coach: Ms. Vaupshas

Bianca Ardiero
Alessandra Arduini
Gabrielle Balit
Amanda Cardillo
Caroline Colozza
Angela Cristiano
Lynn Dillon
Cassandra D'Ambrosio
Kimberly Dextras-Romagnino
Lauren Farmer
Elizabeth McDonald
Gabriela Padvaiskas
Tiffany Piergiovanni
Michelle Vokaty
Zoe Vlogannitis

Coach: Mrs. Cumming &
Mr. Vlogannitis



Bantam G.M.A.A. Div 1



Midget G.M.A.A.



Vanessa Afonso
Allyssa Analytis
Lara Arhuan
Kirsten Charron
Isabella Covino
Carlin De Sève
Manon Gale
Sophia Loffreda
Davina Loporcaro
Melissa Lombardi
Tian Martin

Isabella Matteo
Josie Piscuneri
Emily Snell
Hillary Tabah
Melania Colymbrosky
Elizabeth Hatzhrstidis
Charlotte Lamontagne

Coach: Ms. Ingleton

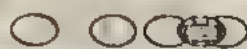
Juvenile G.M.A.A.



Anne Fournel
Isabelle Levesque
Jennifer Newton
Stefania Roy
Patricia Snell
Alexandra Trolu
Stephanie Vokaty

Coaches:
Mr. Chimenti
Ms. Nish

Jennifer Barwick
Andrea Cavalieri
Teresa Chimenti
Cassandra
Culfar
Ashley (Jill) Davis-
Annett
Jessica D'Amico
Elisa D'Ascanio
Nastasia Di Paolo
Meaghan Evans



VOLLEYBALL

Bantam G.M.A.A Div. 1



Sandrine Cassis
 Caitlin Dixon
 Kelly Guy
 Emily Horonowitch
 Liezl Lee
 Christina MacDougall
 Alexandra Michailuk

Leia Pangelley
 Amanda Perod, au
 Marianne Roaldi
 Chloé Russo

Coach: Mr. Pagé

Bantam G.M.A.A. Div. 3

Tara Brownbill
 Meredith Burke
 Balbina Zakrewska
 Cassandra D'Amico-
 Mazza
 Alexandra Koutsogi-
 annopoulos
 Samantha Mastromo-
 naco
 Amanda Hajaly

Tamara Morrison
 Garima Chopra
 Hanieh Zargham

Coaches:
 Ms. Neef
 Mr. Pagé



Midget G.M.A.A.



Joanna Bitharas
 Claudia Briceno de Ratmiroff
 Madelyn Coull
 Lea Dikranian
 Alana Guy
 Stephanie Karzon
 Andrea Latella-Duboyce
 Viviane Luu
 Cynthia Mancinelli
 Francesca Maruo
 Elizabeth Stronach

Coaches: Ms. MacCallum
 Ms. Antonini

Robyn Asquini
 Ashley Arnold
 Olivia Burke
 Caroline Donohue
 Dayna Hajaly
 Alexandra Lantosh
 Sara McCulloch
 Yasmin Moinuddin
 Shannon Summers

Coaches:
 Ms. Neef
 Mr. Kousik



Juvenile G.M.A.A.



Bantam G.M.A.A.



Shephanie Corey-
Aboud
Chelsea Brossard
Erin Brown-Vander-
cruys
Emily Caron
Rebecca Catellier
Laryja Golyim-
biowsky
Kahna Goulakos
Jessica Hindley

Gabriela Padvaskas
Amanda Perreault
Taylor Wright-Connors
Michelle Zakem

Coach: Ms. Fougere

Private School

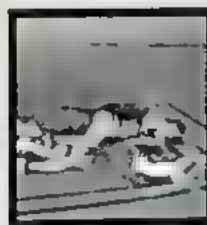


Gabrielle Balit
Cassandra
D'Ambrosio
Kimberly
Dextras-
Romagnolo
Kayla DiGaetano
Lynn Dillon
Chloe Griffin

Liezl Lee
Virginia Lombardi
Elizabeth Mc-
Donald
Tiffany Pier-
giovanni
Marianne Roaldi
Michelle Vokaty

Coach:
Ms. Cumming

Midget G.M.A.A.

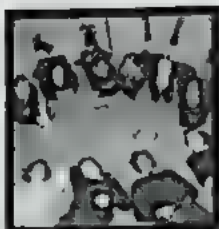


Lara Artinian
Carlin De Seve
Lea Dikranian
Ruvenerko Ferdinand-
Peterian
Melania Golymbio-
wsky

Elizabeth Hatzihristidis
Nisha Jaga
Gillian Kerr
Tian Martin
Stephanie Roy

Coaches:
Mr. Griffin
Ms. Maloni

Juvenile G.M.A.A.



Anne-Michelle
Arless
Olivia Burke
Andrea Cavaleri
Sophie Grigoro-
poulos
Melissa Hindley

Amanda Murray
Deena Patel
Andrea Sargisson
Alexandra
Valente-Fer-
nandes
Stephanie Vokaty

Coach: Ms. Neeff

Cross Country



Coaches: Mme
Belfort and Mr.
Francis

Alyssa Baldoni
Gabrielle Balit
Tara Brownbill
Caroline Colozza
Alexandra English
Vanessa Italia
Alexandra Levy
Julia Pariconi
Alexandra Uva
Michelle Yokaty

Manarne Riadi
Caitlin Babin
Jennifer Barwick
Ruxerexo Ferdinand-
Peterskin
Tian Martin
Patricia Snell
Stephanie Yokaty
Carissa Wong

Track and Field

Alexandra Alacchi
Caroline Colozza
Sofia Di Girolamo
Emilie Fyfe
Elizabeth McDonald
Gabriela Padraiskas
Michelle Yokaty
Melissa Walsh
Michelle Arsenault
Jennifer Barwick
Melissa Desmarais

Alexandra Gagnon-
Rivet
Manon Gale
Gabrielle Lafrance
Stephanie Mans
Nicoletta Pantazopou-
lous
Patricia Snell
Stephanie Yokaty
Shannon Summers



Coaches: Mme.
Belfort and Ms.
Neeff



Halo Road Race



Coach: Ms. Nish

Gabrielle Balit
Emily Belleau
Alexandra English
Michelle Yokaty
Alexandra Apriol
Skawenno Barnes
Jennifer Barwick
Christina Christou
Melissa De Rigo
Mercedes Griffin
Andrea Latella-Duboyce
Sophia Loffreda

Maria McCulloch
Jennifer Newton
Alyssa Power
Patricia Snell
Bianca Sportella
Stephanie Yokaty
Katelyn Abbey
Adrienne Campbell
Claire Carney
Caroline Donohue
Jennifer Lim
Caroline Rudolph-
Zbarsky

Cross Country Skiing

Julie Cruveller
Emilie Fyfe
Alessandra Traversari
Alexandra Uva
Stephanie Amorosa
Jennifer Barwick
Melissa Desmarais
Alexandra Gagnon-Rivet
Manon Gale
Charlotte Lamontagne

Jennifer Newton
Jennifer Panetta
Krisen Sani
Patricia Snell
Bianca Sportella
Stephanie Yokaty
Kayla Yip
Caroline Rudolph-
Zbarsky



Coaches: Ms. Laune Baird and
Ms. deVerteuil
Helpers: Mrs. Cumming, Ms.
MacCallum, Ms. Arsenault



Bantam



Gabriele Baic
Rebecca Cate
Cassandra D'Ambrosio
Kimberly Dextraz
Romagnolo
Kayla Di Gaetano
Carina Di Tomaso
Lynn Dillon
Christina Feriucci
Marlene Roadi
Victorie Jokaty
Melissa Naisn

Coaches: Mr. Griffin
and Ms. Neeff

Alexandra English
Alexandra Michaluk

Midget

Lara Arntian
Jennifer Barwick
Kristin Charron
Joa Dikraman
Raveneko Ferdinand-
Robertson
Elizabeth Hatziniss-
sakis
Gillian Kerr
Yvonne Luu
Jennifer Newton
Tian Martin
Cara Orsini
Hillary Tapah
Alexandra Tholl
Stephanie Yokaty



Coaches: Mr. Cumming
and Mr. Charron
Helper: Mrs. Cumming



Juvenile

Team photo unavailable



Alexandra Abrol
Christina Abrol
Alyssa Analytis
Catherine Brunelle
Olivia Burke
Andrea Cavalieri
Jillian Davis Annett
Melissa Desmarais
Sophie Gngoro-
poulos
Lisa Martin
Katherine Meredith
Emily Snell
Patricia Snell
Christine Yannelli

Coaches: Mr. Yannelli
and Ms. Arella



Bantam



Lia Asquini
Gabriele Balit
Meredith Burke
Sandrine Cassis
Erica Deutschman
Chloe Griffin

Coaches:
Mme. Morisseau,
Mr. Francis & Mr. Dennis
Asquini

Tennis

Bantam Overall Record: Silver medal

Midget

Allyssa Analytis
Marion Gale
Charlotte Lamontagne
Stephanie Khoury
Lisa Martin
Gloria Nguyen
Stephanie Zakern



Coaches:
Mme. Morisseau,
Mr. Francis & Mr. Dennis
Asquini



Juvenile



Robyn Asquini Deena Patel
Danielle Beard Monica
Jillian Davis- Peters
Annett Anna Pollock
Nastasia De

Coaches: Paoli
Mme. Morisseau,
Mr. Francis & Mr. Dennis
Asquini



SPORTS RESULTS



SOFTBALL: Finished the season with a strong effort.

GOLF:
 Won the banner in the GMAA Golf Tournament held at Golf Dorval.
 Gabrielle Balit placed 2nd place overall.
 Jennifer Newton placed 3rd overall.

CROSS COUNTRY RUNNING:

Bantam: silver medal
 Midget team: fourth overall in the GMAA cross country competition
 Stephanie Vokaty: fifth overall in the midget category
 Gabrielle Balit, Alexandra Levy and Michelle Vokaty went to provincials in Abiti-Temiscamingue and placed in the top hundred.

VOLLEYBALL:

Bantam Division 3 – Made it to semi-final
 Bantam Division 1 – Silver in Championship game
 Midget Team – made it to quarter finals
 Juvenile Volleyball Team – made it to quarter finals

BADMINTON: Katherine Meredith – bronze medal in singles

GMAA Championship Banners:

CROSS COUNTRY SKIING: Midget team won the GMAA championship banner

OUTDOOR TRACK AND FIELD: Midget team won the GMAA championship banner

TOUCH FOOTBALL: Bantam and Midget won the GMAA championship banner

basketball



Private School Bantam
 –silver medal
 –won WIC Invitational basketball tournament
 –won Bishop's College Invitational Basketball Tournament

Montreal Independent Schools Basketball Tournament:
 Bantam (private school team)
 – Tier II Consolation Champions

Midget – Third overall

Juvenile – Third overall
 – only lost 1 game this season
 – Silver medal winners in WIC tournament

soccer



**** Junior Soccer Team – 3rd out of 20 teams in the CAIS Junior Soccer Tournament held in Montreal.**

**** Senior Soccer Team – Won the Consolation Final in the CAIS Senior Soccer Tournament held in Windsor, Nova Scotia.**

Bantam Private School Team – made it to quarter-finals

GMAA Bantam Team – made it to semi-finals
 Midget Team – made it to semi-finals

The Brain Page



HISTORY: 100%

The following students scored 100% on their History Provincial Examination:

Isabella Matteo, Bianca Sportella, Patricia Snell, Vanessa Pendenza, Alexandra Abrol, Janet Belliveau, Christina D'Itri, Alyssa Power, Caroline Rudolph-Zbarsky, Marion Gale, Alexandra Lantosh, Gabrielle Lafrance.



Alyssa Power: Awarded a prize at SSUNS



Stephanie Maris
2nd at the Rotary Club Public Speaking Competition



Robotics: Big Winners at this year's competition. Journal: 1st place; Video: 1st place; Quisk: 3rd place; overall, 3rd place.

QAIS Essay Competition

Kia Watkins- Martin:
Winner of Junior Category

Caroline Rudolph-Zbarsky:
Winner of Senior Category



Lia D'Abate, Hanieh Zarqham, Karimah Rahman
went to high levels at this year's Science Fair



Simply Thoughts...

Share

SOME

Thoughts

"A friend is someone who knows the song in your heart, and can sing it back to you when you have forgotten the words."

-Unknown

Daily Advice:

Never give up on your dreams, because they always have great possibilities of happening- If you try hard enough to make them come true.

Do your best in everything, even the little things, because in the end it all adds up.

Live life to its fullest, and have fun!

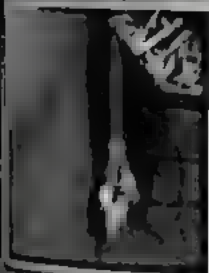
5 ways to Relax...

- **-CANDLES:** They actually help you relax- like aromatherapy.
- **-YOGA:** Helps to calm both body and mind so that you feel peaceful and rested.
- **-SLEEP:** The ultimate solution to relaxation- because it calms your mind and body naturally.
- **-EATING RIGHT:** Eating or drinking high sugar foods, like coffee or chocolate, for example, increase your chances of being more stressed out.
- **-EXERCISE:** A great way to relax because it helps release endorphins which put you in a happier mood.

Most Watched TV Shows of 04-05:

- Tre OC
- One Tree Hill
- Las Vegas
- Summerland
- 24
- The Simple Life
- Reruns of Friends and Seinfeld
- Lost
- Gilmore Girls

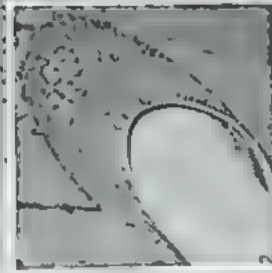
Fashion Corner:



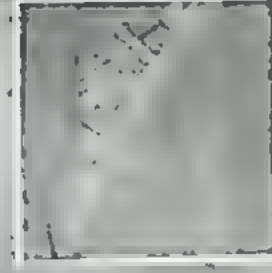
LONG Earrings



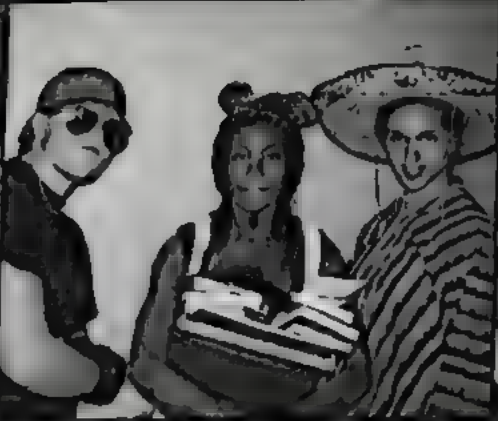
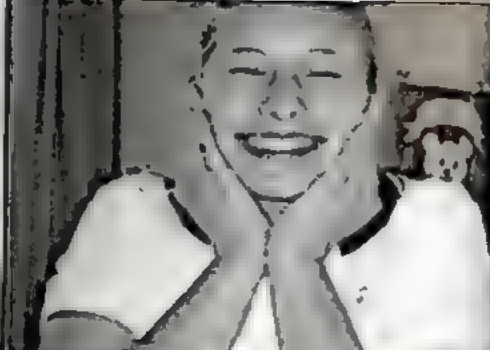
BIG Purses



LOW Sandals

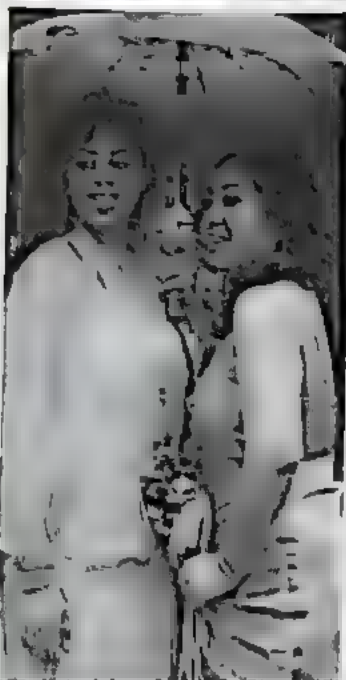


GOLD Accessories





Yearbook Helpers



Secondary 1
Meredith Burke
Alessia De Lauri
Tamara Rapattoni
Hanieh Zargham

Secondary 3
Caitlin De Seve
Johanna Bitharas
Valentine Ostaszewski
Carissa Wong
Im-Amara Men
Jessica Carrero
Pina D'Aversa



Secondary 2
Gabrielle Bolt
Bianca Bertola
Erica Deutschman
Alexandra English
Samantha Mastromonaco
Michelle Vokaty
Gianna Zappitelli

Secondary 4
Kristin Sani
Christina D'Itri
Lambrini Kokogiannakis
Nadia Simeone



A Special Thanks to the Sec 5's!

Alexandra Bagdoo
Jillian Davis-Annett
Natasha Egiziano
Stephanie Panetta

Ritz Salvador
Sophia Sekkat
Ravneet Singh



Congratulations
to the graduating
class of 2005

From
the Parents' Guild



**GOOD LUCK!
GRADUATES**



Congratulations Melissa!

You have worked very hard to get to this point in your life - where it all begins... You have been given the right tools to make a difference and succeed. We are proud of you and love you very much!!
Mom, Dad & Joey

ASHLEY JILLIAN DAVIS-ANNETT



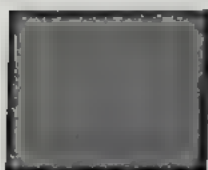
*"Not everyone who wanders is lost."
- Tolkien*

**Congratulations to our Jillybean
& the Class of 2005!**

The world is waiting for all of you.

(Eddy out, baby!)

With all our love,
Mom, Gray, Jason, Jared and Jesse



George Kyres
george@europesbest.ca

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To the Rising Stars of 2005

*The Class of 2005
marks the 76th class to graduate
from this beloved building,
our City House.*

*As you leave this place,
you now enter a new phase of your life with
Sacred Heart -- as our most recent alumnae.*

*The Alumnae Association
of The Sacred Heart School of Montreal
offers you our heartfelt support
and best wishes for success
in all your future endeavors.*

Congratulations!

John D'Ambrosio

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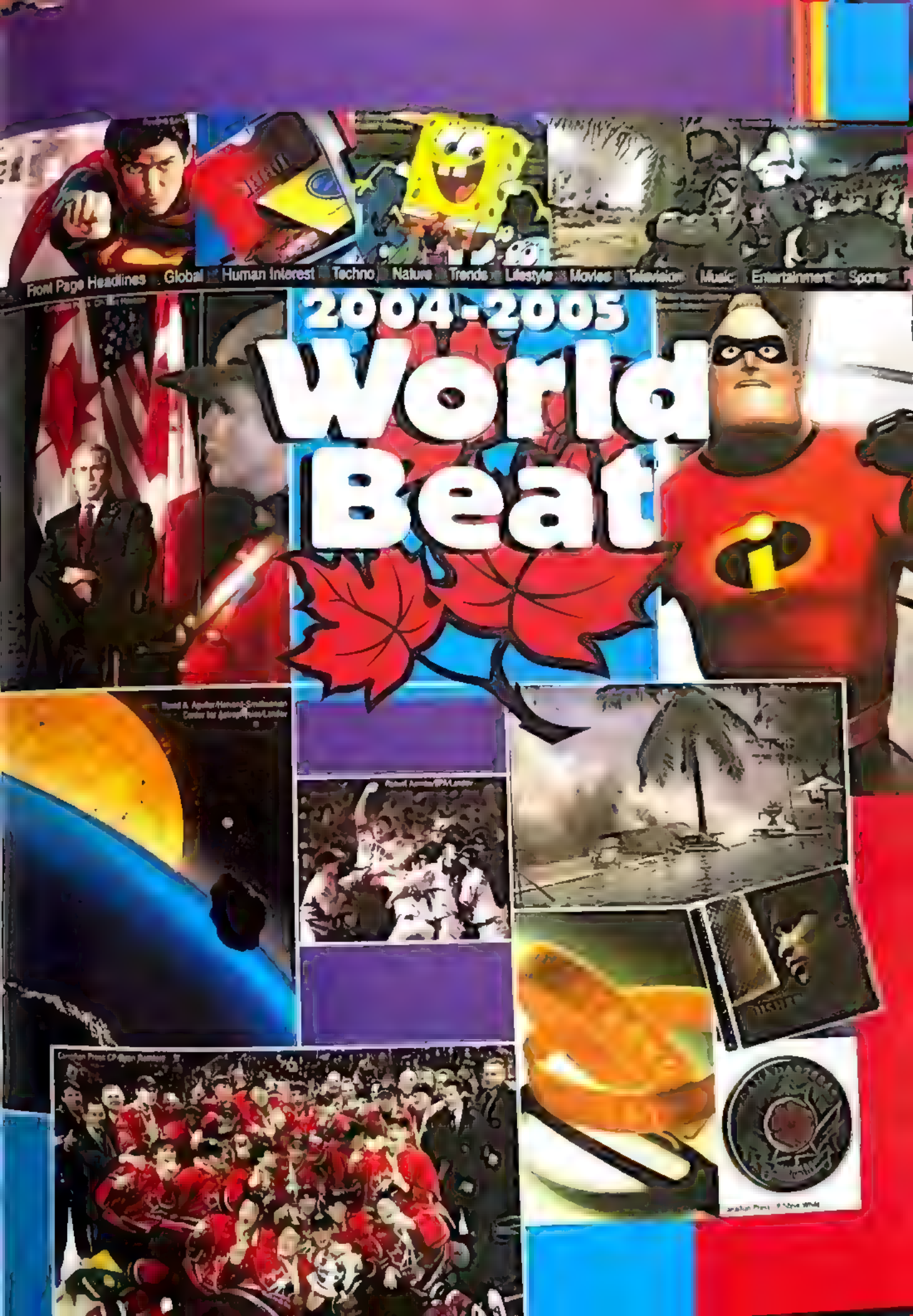
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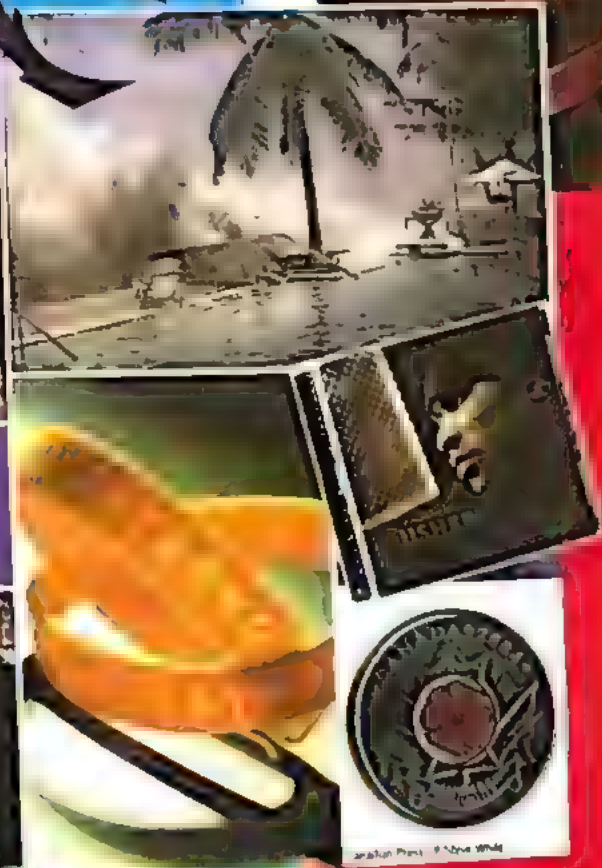
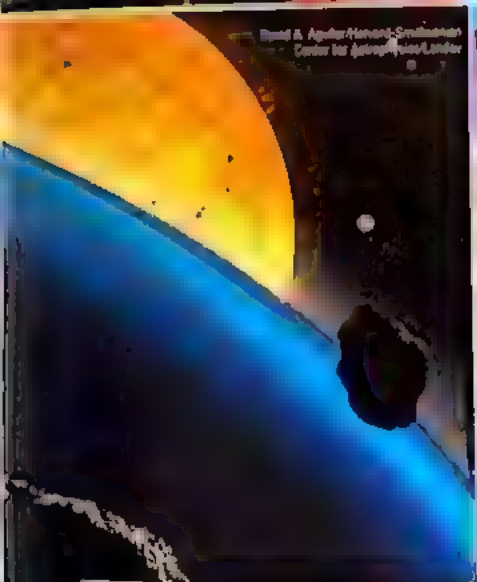




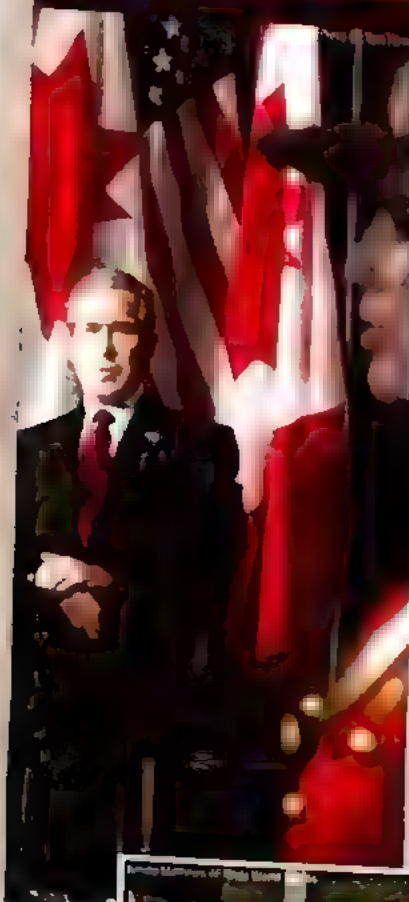


Front Page Headlines Global Human Interest Techno Nature Trends Lifestyle Movies Television Music Entertainment Sports

2004-2005 World Beat



front page headlines



U.S. President George W. Bush waits to deliver the first-ever major foreign policy speech outside of the United States in Halifax, N.S. on December 1, 2004. President Bush also thanked residents of the Maritime Provinces for the assistance they provided to American travellers during 9/11.

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Reuters/Alamy



Canadian Press CP Photo Unit



Associated Press AP Photo/Steve White



Canadian Press CP Photo Unit



Canadian Press CP/Steve White

Liberalism guru
Marina Stewart begins serving a five-month jail sentence in West Virginia, after being found guilty of lying about a suspicious stock sale.



Associated Press AP Photo/Steve White

Former NDP leader, Premier of Saskatchewan and the "Father of Universal Medicare", T.C. (Tommy) Douglas is chosen as the winner of the CBC's Greatest Canadian Contest on November 29, 2004. Douglas died on February 24, 1986 at the age of 82.

The 14-year-old boy who was born with a rare condition, known as "Pommes", has been named the "Greatest Canadian" for his bravery and courage.

Kristopher Knowles, 14 from Sarnia, Ontario walks the final mile of his almost yearlong, cross-Canada walk to raise awareness for organ donation. Kristopher has endured over 20 operations and to-date is still awaiting the liver transplant he has needed since birth.

KRISTOPHER KNOWLES NEEDS A LIVER TRANSPLANT. HOPING TO INSPIRE EVERYONE TO BE AN ORGAN DONOR.
DONATIONS: 1-866-992-3645
INFORMATION: GATEWAY SERVICES
GEOPLAST SIGNS
SARNIA OPTIMIST CLUB
RIVERVIEW COMMUNITY
www.knowles.ca

Canadian Press CP

NHL SEASON CANCELLED!



Canadian Press CP Jonathan Hayward

Canadian Idol winner Kalan Porter of Medicine Hat, Alberta, performs after winning the competition in Toronto on September 18, 2004.

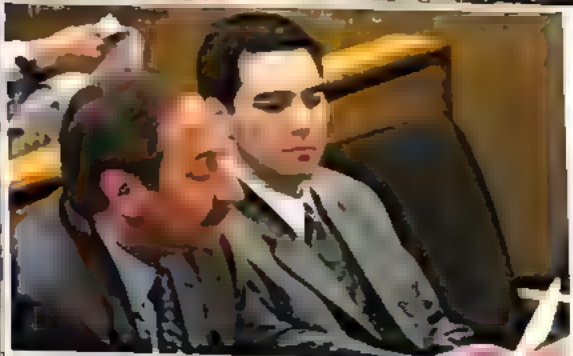
Coalition troops face a persistent terrorist insurgency, leading to the military's decision to extend a 2005. The war costs the lives of more than 4,000 coalition troops, as well as over 14,000 Iraqi civilians.



Canadian Press CP Frank Gunn



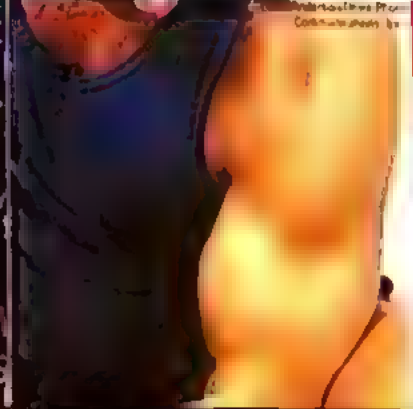
© Reuters/Corbis



Canadian Press CP Ryan Palmer



In the trial of the year, California juror found Scott Peterson guilty of the first-degree murder of his pregnant wife, Laci, and second-degree murder of their unborn son.



Underwireless Pro Communications Inc.

More than 100,000 lives were lost after a massive earthquake in Asia. The quake destroyed the region's southern border, leaving 100,000 people in southern Asia and as far away as Somalia.

The Center for Disease Control's Youth Risk Behavior Survey finds 6.1 percent of teenagers surveyed have tried steroids as compared to 2.7 percent in 1991.

ESPN fans held up their home game in Mexico City as the first of the series. The Express 2005 first major league game will move to the home of the Washington Redskins next season.

global

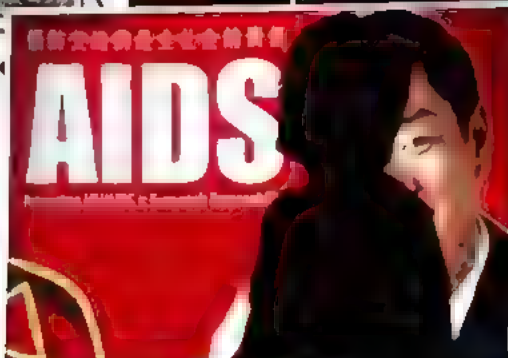


☛ PLO Chairman Yasser Arafat, 75, dies in a Paris hospital. Palestinians view him as a leader who sought a homeland for his people, but many Israelis see Arafat as a ruthless terrorist.

☛ In October, more than 10 million Afghan men and women vote in the country's first presidential election — a milestone in the country's transformation after 25 years of war and Taliban control.



☛ At 885 feet the new Millau bridge in southern France is the tallest bridge in the world.



☛ The United Nations reports the AIDS epidemic is growing in Africa and worsening dramatically across eastern Europe and Asia.

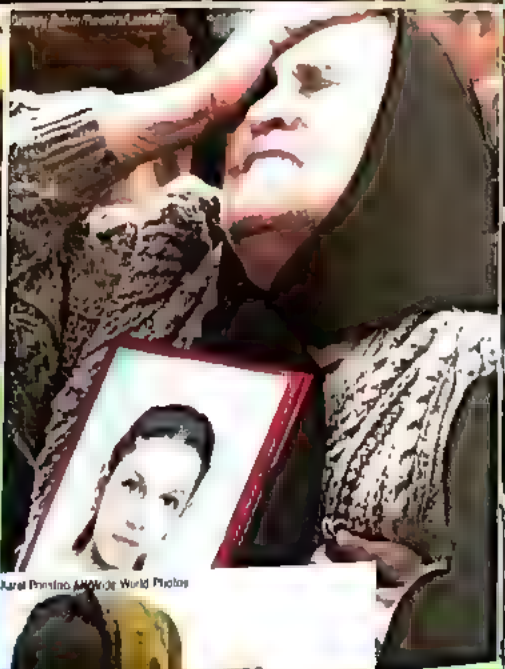


NON
L'OCCUPATION
"FRANCE"

☛ After more than a year of ceasefire, civil war reignites in the Ivory Coast as a result of President Gbagbo ordering air strikes on rebel positions.



☛ The Ukrainian Supreme Court invalidates that country's disputed presidential election because of vote tampering. In the revote, pro-west opposition leader Viktor Yushchenko claims victory.



☛ In September, Chechen rebels kill more than 430 people in a series of terrorist attacks in Russia, including the bloody attack on an elementary schoolhouse.

☛ After 22 months, the conflict in the Darfur region of Sudan continues to grow, leaving more than 2.3 million Africans in need of humanitarian aid.



human interest



C Due to manufacturing errors, the U.S. faced a flu vaccine shortage. Vancouver-based ID Biomedical was scheduled to ship 1.2 million doses to the U.S. but announced it will sell the doses within Canada instead.

C An Afghan boy runs with a Maple leaf kite given to him by members of the Canadian peacekeeping contingent near Kabul, Afghanistan. Canadian troops gave away the kites as part of Canada Day celebrations.



U Countries and individuals around the world join together to pledge over \$4 billion in relief for those devastated by the December tsunami disaster.



U Christopher Reeve dies at age 52. Reeve is remembered for his role as Superman and an advocate for spinal cord research after being paralyzed in an accident in 1995.



C Canada's Snowbirds mourn the loss of Captain Miles Selby of Delta, BC on December 15, 2004. Selby died after his plane collided in midair with another Snowbird aircraft during a routine training flight.

U Pallbearers carry the coffin of Capt. Chris Saunders in Halifax, NS on October 13, 2004. Saunders died after a fire on the Victoria-class submarine HMCS Chocoma off the coast of Ireland.

C According to the Lance Armstrong Foundation, over 20 million people are wearing the yellow "Livestrong" wristbands that help fund and promote the organization's cancer research.

C In September, Microsoft Chairman Bill Gates announces a \$168 million donation to fund malaria research.



science-techno



Portable photo printers that do not require a computer are a hot item for digital camera owners.

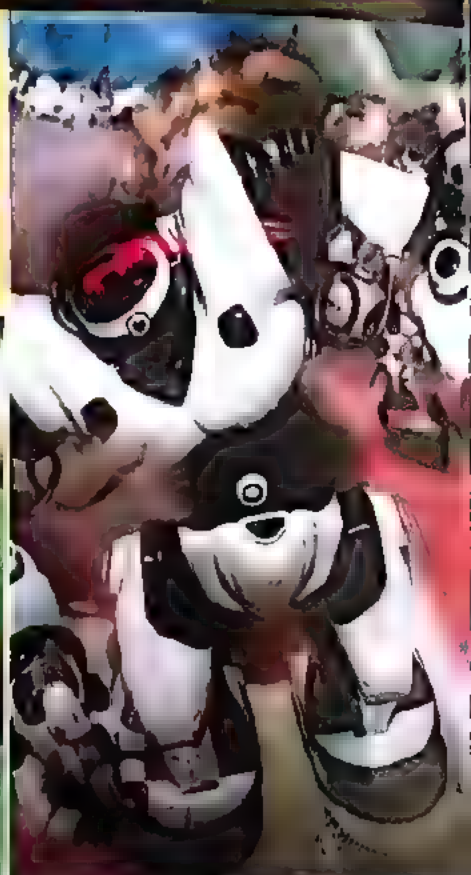
Hong Kong-based toymaker Wow Wee Ltd sells 1.5 million Robosapiens since the toy's introduction in April. Among other "talents," the \$100 robot can belch and pass gas on command.

Health Canada issues an advisory on the use of antidepressants such as Prozac on the potential of behaviour, and emotional changes and that it may be linked to suicidal behaviour.



Brendan McDermid/CPA/Unifox

David H. Johnson/CPA/Unifox



AP/Wide World Photos



SpaceShipOne, the world's first privately developed spacecraft, is named "2004 Invention of the Year" by Time magazine.

Apple's iPod is the year's hottest tech gadget, fashion accessory and advertising personality, all in one credit-card-size package.



After four years on the market and billions of dollars in revenue, pharmaceutical company Merck recalls the arthritis drug Vioxx due to increased risk for cardiovascular disease.

General Motors releases the industry's first full-size gas-electric hybrid pickup truck, the Chevrolet Silverado.

Toshiba's HD DVD and Sony's Blu-ray battle for supremacy over the next generation of DVD technology. Major movie studios are evenly divided in their backing of the two technologies.



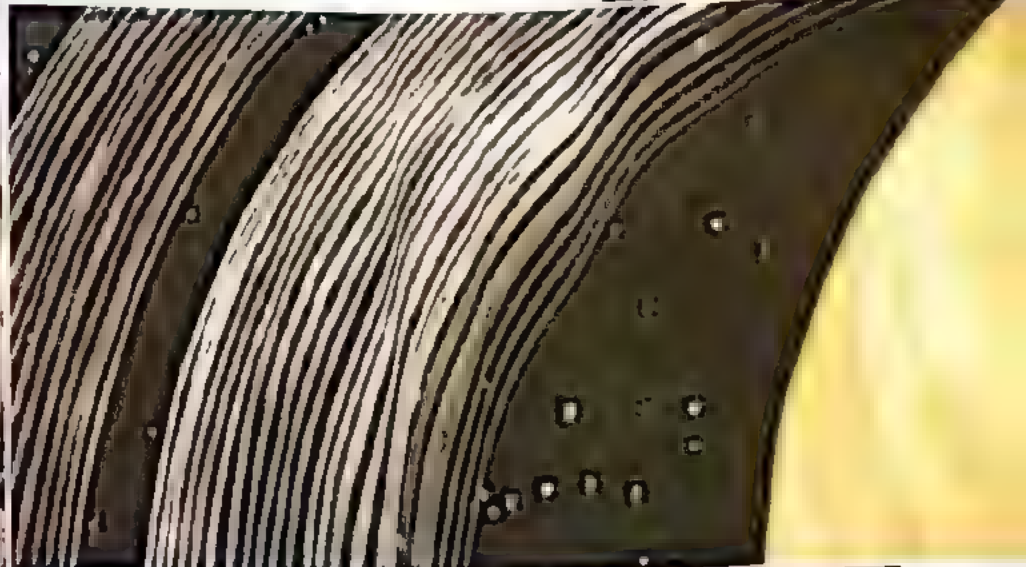
nature



➤ Designer dog breeds like the "Goldendoodle," an allergy-friendly cross between a golden retriever and a poodle, are in high demand.

➤ African lions join the endangered species list because they are being killed to protect domestic livestock and their habitats are being destroyed.

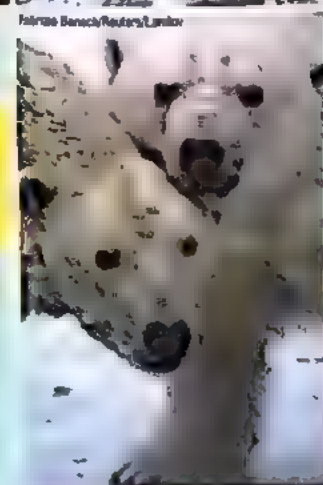
➤ Although Saturn's rings look solid from Earth, images taken by the international Cassini spacecraft show they are more like rivers of dust and ice, with particles ranging in size from specks to mountains.



➤ Swarms of locusts destroy millions of acres of crops in West Africa.

➤ In September, astronomers announce the discovery in the Milky Way galaxy of a new and possibly abundant class of planets.

➤ On a remote island in Indonesia, scientists find 18,000-year-old skeletons of a hobbit-like human species that grew no larger than today's average three-year-old child.



➤ Cars remain covered in hail after a severe storm in Edmonton on July 12, 2004. Hundreds of homes flooded and substantial damage was reported to the area's largest shopping complex West Edmonton Mall.

➤ Threatened by the spread of hormone-disrupting chemicals and global warming, polar bears are added to the endangered species list.



trends



Retro brooches are back



Ugg knockoffs are popular



Squish pillows are a "must-have"

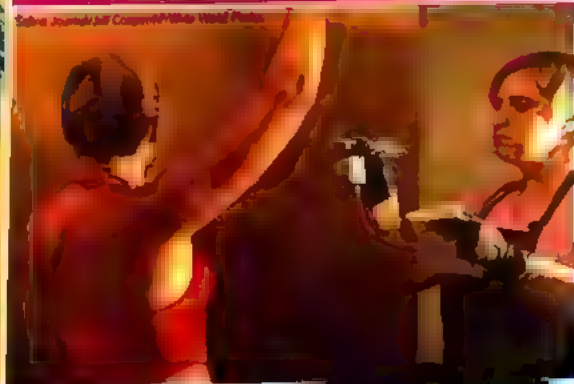


Pink is the hot new color.



- extrinsic properties are those that are not intrinsic to the substance and may vary with the conditions of observation and the observer

⑤ Find out what the relation
with the immune system
has to do with the
disease.



Editor: Journal of Communication World Peace



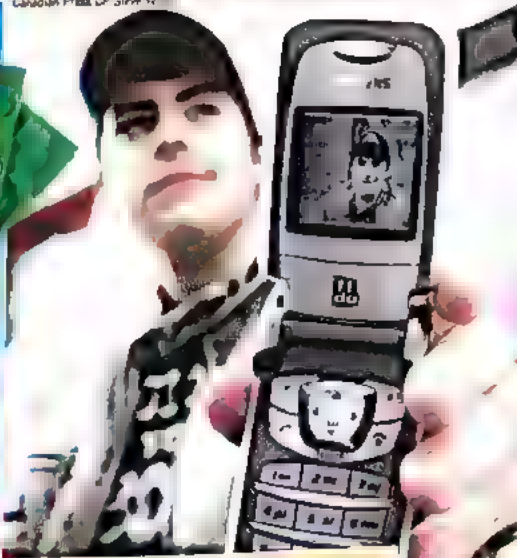
100

Washburn Press and other

[illegible]

Whether genuine or ordered new from a custom T-shirt store or the Web, vintage bus (or on T-shirts are a hot washroom commodity.

Thanks to the popular movie
Dodgeball: A True Underdog
Story, the high-flying body-
building sport makes its way back
to gym classes across the
country.



Walter Scott Highland

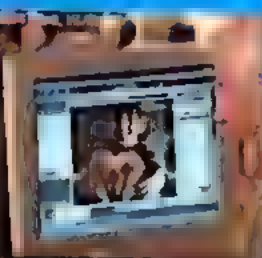


1000

lifestyle



Latin dancing



Video e-mail



Text messaging



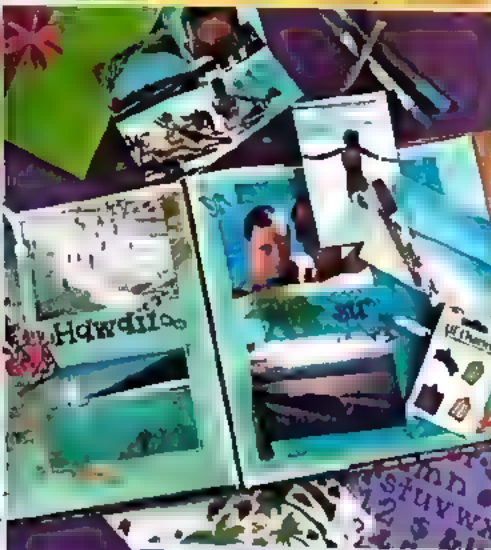
Online gaming



With more than 7 million participants, paintball is the third most popular extreme sport behind in-line skating and skateboarding.

With more than 7 million participants, paintball is the third most popular extreme sport behind in-line skating and skateboarding.

Muscle cars like the revamped Ford Mustang GT remain a popular choice for Canadian drivers.



Fast-food restaurants offer kids' meals with healthy alternatives to fries and soda, including apples and milk.



Canadians love their "Tim's". The first Tim Hortons location opened in 1964 in Hamilton, Ontario and has since grown to become a national chain.



Events like the All Girl Skate Jam, founded in 1997, bring skateboarding to peak popularity among young girls.



With DVDs delivered right to your door and no late fees, Netflix and Blockbuster online have become popular choices for movie renters.

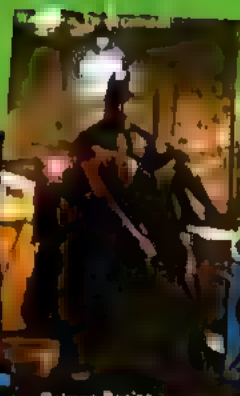
movies



Napoleon Dynamite



Star Wars Episode III—Revenge of the Sith



Batman Begins



The SpongeBob SquarePants Movie



Jim Carrey and Kate Winslet garner Golden Globe nominations for *Eternal Sunshine of the Spotless Mind*, which also earns a nod for Best Picture, Musical or Comedy.

Johnny Depp scores his second straight Oscar nomination for Best Actor with his performance in *Finding Neverland*.

Shrek 2 ranks third on the list of the 100 top-grossing movies, with a total haul of just over \$436 million.



The Incredibles, Pixar and Disney's movie about a superhero family trying to live a normal life in the suburbs, is a box-office smash.

Clint Eastwood directs another hit with *Milou Dollar Baby*, starring Hilary Swank as a 31-year-old boxer.



Jamie Foxx delivers an eerily convincing and Oscar-nominated performance as the late Ray Charles in *Ray*.

Already named best picture by film critics from New York to Los Angeles, independent film *Sideways* finds even more celebrity with a leading seven Golden Globe nominations.



The *Avatar*, starring Leonardo DiCaprio in the role of eccentric billionaire Howard Hughes, earns eleven Oscar nominations.



television



NBC's "Joey"



"Seinfeld" is released on DVD



The WB's "One Tree Hill"

Canada's hilarious "Trailer Park Boys"



Ty Pennington and company improve lives while making homes better on the successful ABC home improvement show "Extreme Makeover: Home Edition."

Fox's "Arrested Development" wins the Emmy for Best Comedy Series after an inaugural year that is critically acclaimed but poorly rated.

Stephen, "Lo" Knsten and friends bring their real Orange County adventures to MTV in the hit reality show "Laguna Beach."

Refugee Photo/WinImage.com



"You're fired" becomes a household phrase as Donald Trump plows through executive wannabes on his hit NBC show "The Apprentice."

ABC gets big ratings from its new hit drama, "Lost," the intriguing story of 48 plane crash survivors stranded on an island.

To kick off her 19th season of CBS's "The Oprah Winfrey Show," Oprah and Pontiac join forces to give each of the 276 audience members a brand new Pontiac G6.



Pausing and recording live television with DVR is rapidly replacing VCRs in households across America.

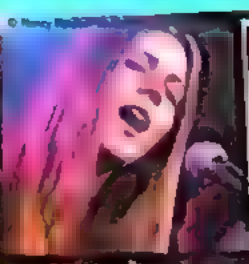
Before his unbelievable 74-game winning streak comes to an end, NBC's "Jeopardy!" contestant Ken Jennings wins \$2,520,700 — a TV game show record. He delivers over 2,700 correct responses.



music



Destiny's Child reunites



Joss Stone



Julie Roberts



Green Day



Ray Charles dies at age 73



With bands like Interpol, The Killers and Snow Patrol, alternative rock returns to the mainstream music scene in a big way.

L2's new album *How to Dismantle an Atomic Bomb* hits No. 1 in *Billboard* magazine, and the band is inducted into the Rock and Roll Hall of Fame in March 2005.



Rapper Kanye West collects a whopping 10 Grammy nominations, including Album of the Year, for his debut *The College Dropout*.



Nelly continues to wrap up big sales and hit songs with the simultaneous release of his two albums, *Sweat and Suits*.



Sam Roberts and his band accept the award for Album of the Year during the Juno Awards in Edmonton in April 2004. The 34th Juno Awards will be hosted by Winnipeg in 2005.

In December Usher dominates the *Billboard* Music Awards taking home 11 awards, including Album of the Year for *Confessions*.



Ashlee Simpson, Jessica's younger sister, makes headlines with her triple-platinum debut album *Autobiography* and a lip-synching gaffe on NBC's "Saturday Night Live".



Members of Simple Plan pose with their People's Choice award for Favourite Canadian Group at the MuchMusic Video Awards in Toronto on June 20, 2004.



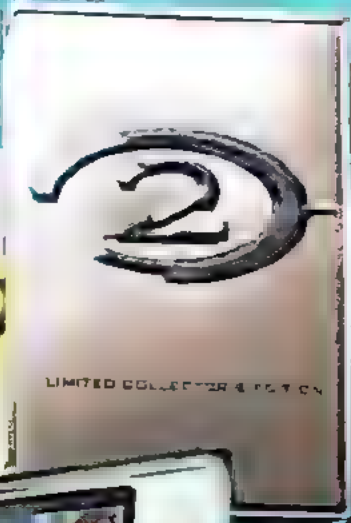
entertainment



Video game giant Electronic Arts buys exclusive rights to the teams, players and stadiums of the NFL for its popular Madden video game franchise.

After three years, Microsoft and Bungie Studios release the most eagerly anticipated video game sequel: Halo 2. Over 5 million copies of the game sell in the first month.

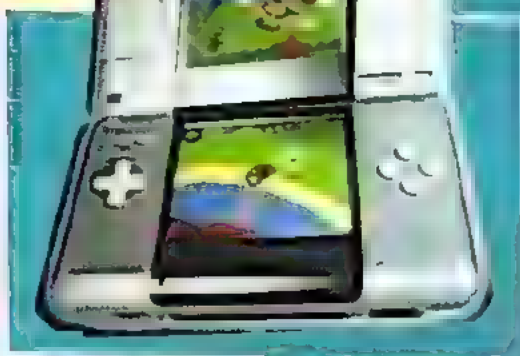
The newest trend in video games is to go "old school," with plug-and-play systems featuring '80s games from the likes of Atari and Namco.



2004 is the year of celebrities having babies, as Courteney Cox-Arquette, Gwyneth Paltrow, Kate Hudson, Julia Roberts, Liv Tyler and others all become first-time mothers.

Thousands of young people become avid poker players, a trend sparked by TV shows featuring professional poker players.

The challenging "Metroid Prime 2: Echoes" takes home the prize as IGN.com's Gamecube Game of the Year.

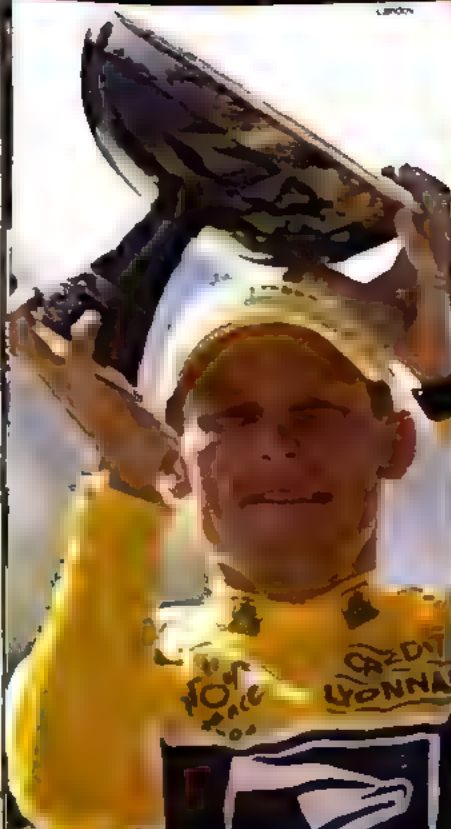


The hottest "hard-to-get" toy for the holidays is the Nintendo DS handheld gaming system.

Even though it won't reach bookstores until July 16, 2005, preorders in December help J.K. Rowling's Harry Potter and the Half-Blood Prince top several best-seller lists.



sports



London

1 **ATLANTA** **ATLANTA**
A... ..
... ..
... ..

2 **Laval University Rouge et Or**
celebrate their second
consecutive win of the Vanier Cup
when they defeated the
Saskatchewan Huskies 7-1 on
November 27, 2004

Associated Press / J. Michael Miller



3 **With a series sweep of the St. Louis Cardinals, the Boston Red Sox** lift the "Curse of the Bambino" to win their first World Series title since 1918

AP/Wide World Photos



Canadian Press / CP Photo Bureau

4 **The New England Patriots** win the AFC Championship game, 31-17, to advance to Super Bowl XXXIX on February 7, 2005



AP/Wide World Photos

5 **Kurt Busch wins the NASCAR** Nextel Cup, driving the number 14 Mobil 1 Ford Taurus for Roush Fenway Racing

6 **Toronto Argonauts' Jonathon Brown and Mike Mihetic** host the CFL Grey Cup on November 21, 2004. The Argonauts beat the BC Lions 27-19

7 **Andre Agassi wins the ATP** Finals, defeating Pete Dinkovics in the final, to win his 14th career title



AP/Wide World Photos

8 **Following his win in September at the Deutsche Bank Championship, Vijay Singh** unseats Tiger Woods as the world's No. 1 golfer

NS 2004

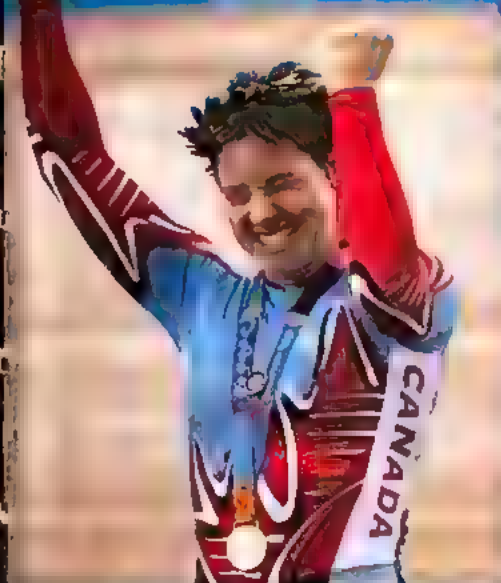
Canada's Artistic Gymnastics team won a bronze medal for the first time being presented with the gold medal for best performance at the Summer Olympics in Athens on August 24th.

Canada's Kirby Thompson won a gold and a silver medal at the Pan American Games in Athens, Greece from Washington, D.C. with a medal in every event she entered.



ATHENS 2004

Olympic gold medalist Kyle Shewfelt shows off his medal during a welcome home celebration in Calgary in September 2004. Shewfelt won the gold for his outstanding performance in artistic gymnastics in Athens.



Team Canada takes home the Stanley Cup after defeating the Detroit Red Wings in game 4 of the Stanley Cup Finals on June 11, 2004.



The NHL season is over and the Stanley Cup Finals are in progress. The Calgary Flames are in the playoffs.

The Detroit Pistons, led by Ben Wallace and Finals MVP Chauncey Billups, win the 2004 NBA title.



The Calgary Flames goaltender Mikka Kiprusoff and teammate Ville Niemi show their disappointment after losing 2-1 to the Tampa Bay Lightning in game 7 of the Stanley Cup Finals on June 7, 2004 in Tampa, Florida.

faces



Marlon Brando dies at age 80



Johnny Carson dies at 79



Dan Rather retires



Tom Brokaw signs off



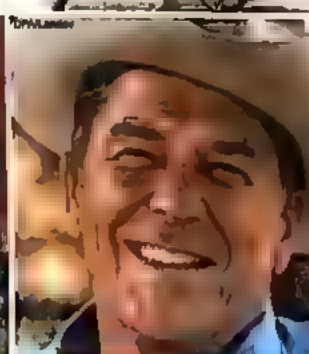
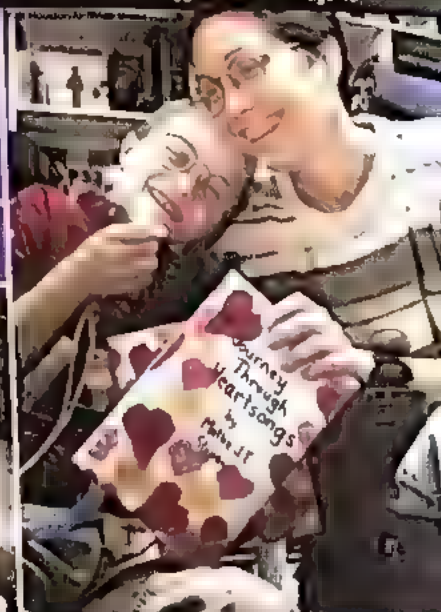
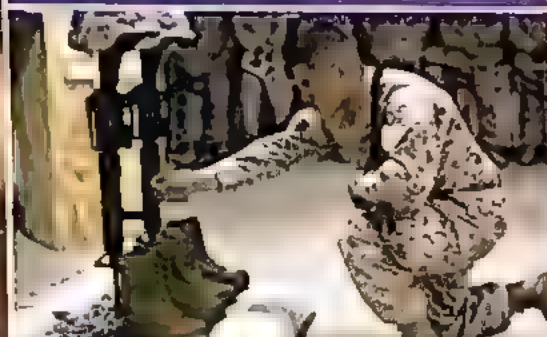
Reggie White dies at age 43



▶ **Michelle Williams** (left) and **Devon** (right) are the first two winners of the **MTV Movie Award for Best Breakthrough Performance** in 2005.

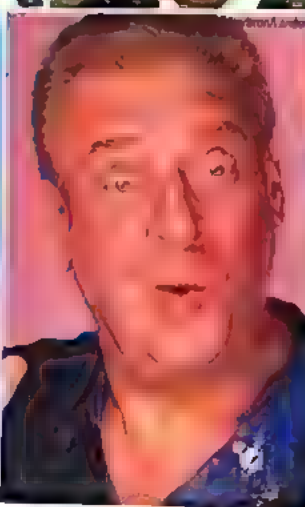
▶ **Matie Siapanek** dies from a form of muscular dystrophy at age 13. He was known as a best-selling poetry author and the Muscular Dystrophy Association's National Goodwill Ambassador from 2002 through 2004.

▶ In remembrance of those who have died and those who continue to risk their lives in the war in Iraq.



▶ **Ukrainian presidential candidate Viktor Yushchenko** suffers from debilitating illness and scarring caused by toxin poisoning, allegedly at the hands of his opponents.

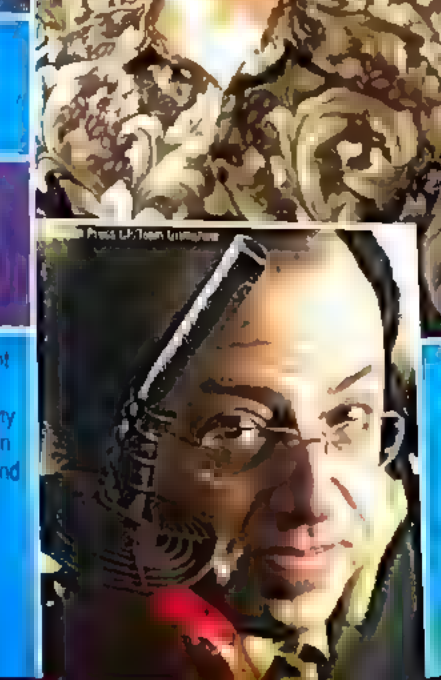
▶ **Rodney Dangerfield**, 82, veteran comedian famous for getting "no respect," dies from complications following heart surgery.



▶ **Ronald Wilson Reagan**, 40th president of the United States, dies in June at the age of 93.

▶ Actor **Zach Braff** from NBC's "Scrubs" makes his big screen acting, writing and directorial debut in the critically acclaimed *Garden State*.

▶ **CTV's star of "Corner Gas"** Brent Butt poses for a photo before pumping gas at one of the six city stops he made across Canada in September to promote the second season of his hugely successful show.



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Retrospective

POPE JOHN PAUL II

1920 - 2005



Pope John Paul II, formerly known as Karol Wojtyła, at age 22, in Włocławek, Poland.



Eighteen-year-old Karol Wojtyła, future Pope to be, second from right, is seen resting during the construction of a building for a military camp in this July 1939 photo.



Pope Paul VI places a cardinal's hat on Archbishop of Kraków, Poland Karol Wojtyła in this 1967 photo, declaring him a cardinal.



Newly elected Pope John Paul II greets the crowd in St. Peter's on October 16, 1978. Elected at the age of 58, John Paul II is the youngest Pope of the 20th century, and the first non-Italian Pope since the 15th century.

Pope John Paul II reads a book in the solitude of Elk Island Provincial Park in Edmonton during a break from his visit to Canada on September 17, 1984.

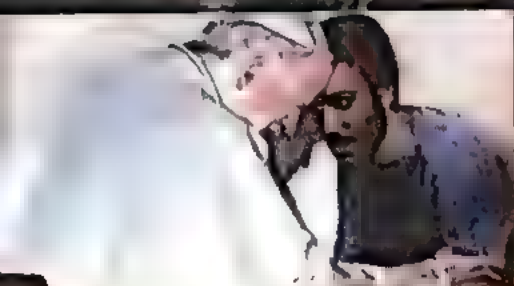
Photo Credits: Canadian Press (CP)



Cardinal Karol Wojtyła smiles during his visit to St. Catharines, Ontario, on September 15, 1969, nine years before being named Pope.



Pope John Paul II falls in his 'Popemobile' after being shot in the abdomen by Turkish gunman Mehmet Ali Agca on May 13, 1981 in St. Peter's Square.



"The Secret Between Brothers" — a painting by Andre Durand of John Paul II and Mehmet Ali Agca, the man who tried to assassinate him. John Paul believed he survived the attempt on his life due to the intercession of Mary on the anniversary of the apparition of the Blessed Virgin at Fatima in Portugal. During a visit to the shrine at Fatima to thank Mary for sparing his life, a priest with a knife lunged at him. Thankfully, John Paul II was not physically hurt.

The Pontiff later visited Mehmet Ali Agca in his prison cell — on August 1981.



Pope John Paul II holds his arm around Mother Teresa as they ride in the 'Popemobile' outside the Home of the Dying in Calcutta, India, in February 1986. The Polish Pontiff who led the Roman Catholic Church for more than a quarter century is also history's most-traveled Pope.

"Remember, O Canada, that the greatest richness of your multicultural character is to be able to reach out and help others — your brothers and sisters in need. This is what makes faith possible; this is what love requires. In the name of love, I urge that the openness shown to so many immigrants and refugees of ethnic minorities, and the generous reception given to them, should continue to characterize and enrich Canada in the future as in the past."

Pope John Paul II, September 16, 1984, Bird's Hill Park, Marquette, Canada





Photo Credit: Salvatore La Rocca/CF

A woman prays in a chapel for John Paul on February 24, 2005, as news spreads that he has been rushed by ambulance from the Vatican to the Gemelli Polyclinic hospital in Rome. John Paul II underwent a tracheotomy to ease a breathing crisis brought on a recurrence of flu-like symptoms, his second health emergency in less than a month.



Photo Credit: Barbara Dowling/CF

On April 1, 2005, a woman prays during a solemn prayer in St. Peter's Square, as news of John Paul's health worsens.

Hundreds of thousands of mourners attend the funeral of Pope John Paul II on April 8, 2005 at St. Peter's Square in the Vatican City.

Photo Credit: Canadian Press/CF



Photo Credit: APO Photo Agency/CF

April 2, 2005. People all over the World shed tears of sadness upon learning that Pope John Paul II has died.



On Saturday, April 3rd in Ottawa, a Canadian flag flies half-mast in memory of Pope John Paul II.

The Pope's last audible words, on hearing tens of thousands of young people singing in St. Peter's Square as he lay in his deathbed on Friday, April 1, 2005:

"I have looked for you. Now you have come to me, and I thank you."

Photo Credit: Michael Kosowski/Associated Press AP



Mourners stand in front of a sea of burning candles at the bishop's residence in Krakow, Poland on April 3, 2005, the day after The Pontiff's death was announced by the Vatican. Pope John Paul II served in Krakow as both priest and bishop.

Presidents, Prime Ministers and Kings, joined the Pilgrims and prelates to bid farewell to the beloved Pontiff. John Paul's funeral drew millions of people to Rome and was one of the largest religious gatherings of modern times.



Photo Credit: Fabio Moriggi/24hours/Canadian Press/STANCA

Cardinal Joseph Ratzinger of Germany gives the funeral Mass homily for Pope John Paul II on Friday, April 8, 2005, in Saint Peter's Square.



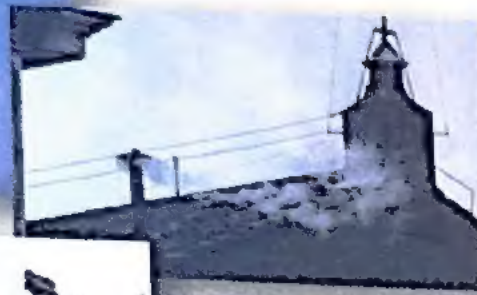
Photo Credit: Ken O'Brien/Canadian Press/CF/STC



Photo Credit: Ian Hanson/Canadian Press/CF

Pilgrims, one of whom is holding a Canadian flag, pray during funeral Mass in St. Peter's Square for Pope John Paul II on Friday, April 8, 2005.

On Monday, April 18, 2005, the cardinals sequester for the first papal conclave of the new millennium. They hold their first vote but fail to elect a new leader for the world's 1.1 billion Roman Catholics, thus the presence of black smoke from the chimney at the Sistine Chapel. The 115 voting members retire and return the next day in their search for a successor to Pope John Paul II.



The following day, the billowing smoke changes from black to white to announce that the cardinals have successfully elected a successor.

People across the world react after hearing the outcome of the cardinals' decision.



The day after his election, Pope Benedict XVI holds his first Mass as Pope in the Sistine Chapel.

POPE BENEDICT XVI



A NEW ERA

On Tuesday, April 19, 2005, the newly elected Holy Father, Pope Benedict XVI greets the crowd from the central balcony of St. Peter's Basilica at the Vatican. Joseph Ratzinger, 78, of Germany, who chose the name of Pope Benedict XVI is elected the 265th Pontiff of the Roman Catholic Church.



THE SACRED HEART SCHOOL OF MONTREAL

2005